Good things come from Sysco eNutrition

RICE BROWN PARBOILED WHLGRN QC

SUPC: 3939380

Nutrition Information

Serving Size: 1/4 cup dry (47 grams)

Amount Per Serving

Calories: 170 Calories from Fat: 15

		% Daily Value*
Total Fat:	1.5 Gram	2%
Saturated Fat:	0 Gram	0%
Trans Fat:	0 Gram	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	0 MG	0%
Potassium:	105 MG	3%
Total Carbohydrate:	36 Gram	12%
Dietary Fiber:	1 Gram	4%
Sugars:	0 Gram	
Protein:	4 Gram	

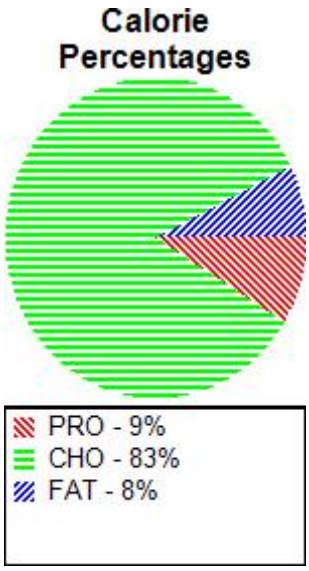
Vitamin A: 0% • Vitamin C: 0%

Calcium: 0% • Iron: 4%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



Ingredients:
Long grain parboiled brown rice

Notes

1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
2. This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
4. These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.