



Broccoli Florets, IQF

Product Benefits

- Tightly beaded, tender and crisp. No tough, chewy, fibrous material.
- Uniform piece size for even cook.
- IQF frozen—use just what you need.
- No trim loss compared to raw trim loss of 25-35%.
- Great portion control.

Specifications

- Bright, characteristic green color.

Prep Instructions

- Thaw under refrigeration.
- Because product is blanched during processing, quickly steam uncovered to bring up to 165°F. Do not overcook.
- Cold dish: Add product to boiling water, stir, and return to boil. Drain and chill before adding to other ingredients.

Menu Suggestions

- Consistent food costs.
- Make your own signature blends.
- Menu cycles do not have to coincide with fresh ingredient availability.
- Easily rotate your vegetarian menu offerings.

Ingredients

Broccoli.

SKU:

10071179824664

Packaging: 12/32-ounce

Net Weight: 24.00

Gross Weight: 26.00

Case Cube: 1.11

Tie/High: 10x6



Nutrition Facts	
Serving Size 3 oz (85g) frzn	
Amount Per Serving	
Calories 25 Calories from fat 0	
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrates 4g	1%
Dietary Fiber 2g	9%
Sugars 1g	
Protein 2g	
Vitamin A 8% • Vitamin C 70%	
Calcium 2% • Iron 2%	
* Percent Daily Values are based on a 2,000 calorie diet.	