

### YOGURT STRAWBERRY PARFAIT POUC

SUPC: 6472413

Nutrition Inform Serving Size: 1 cup (227 gr				
Amount Per Serving				
Calories: 200		Calories from Fat: 15		
			% Daily Value*	Calorie
Total Fat:		1.5 Gram	2%	Percentages
Saturated Fat: Trans Fat:		1 Gram 0 Gram	5%	
Polyunsaturated Fat:		NA	NA	
Monounsaturated Fat:		NA	NA	
Cholesterol:		less than 5 MG	2%	
Sodium:		105 MG	4%	
Potassium:		NA	NA	
Total Carbohydrate:		39 Gram	13%	
Dietary Fiber:		1 Gram	4%	
Sugars:		28 Gram		
Protein:		7 Gram		
Vitamin A: 20%		Vitamin C: 0%		₩ PRO - 14%
Calcium: 20%		• Iron: 10%		■ CHO - 79%
	sed on a 2000 calorie diet	Your daily values may be higher or lower d	epending on your	₩ FAT - 7%
Fat 9	Carbohydrate 4	Protei	n 4	54.

#### Ingredients:

Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch, Kosher Gelatin, Citric Acid, Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Colored with Carmine, Vitamin A Acetate, Vitamin D3.

#### Contains:

Milk

## Notes

- 1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
- 2. This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
- 3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
- 4. These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.

•	School Equivalents
Portion Size: 8.0 oz (227 g)	ID#:
Child Nutrition Label:	No
Product Formulation Statement:	Yes
Meat/Meat Alt:	2.000 oz eq
Grain/Bread:	N/A oz eq
Fruit:	N/A cup
Vegetable:	
Red/Orange:	N/A cup
Dark Green:	N/A cup

Starchy:	N/A cup
Beans/Peas:	N/A cup
Other:	N/A cup

# Notes:

I certify that the above information is true and correct and that a 227g/8.0 ounce serving of the above product (ready for serving) contains 2.00 ounce of equivalent meat/meat alternate when prepared according to directions.