



**CHEESE MILD CHEDDAR SHRED**

SUPC: 0557074

**Nutrition Information**

Serving Size: 1/4 CUP (28 grams)

**Amount Per Serving**

Calories: 110

Calories from Fat: 80

**% Daily Value\***

<b>Total Fat:</b>	9 Gram	14%
Saturated Fat:	6 Gram	30%
Trans Fat:	0 Gram	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
<b>Cholesterol:</b>	30 MG	10%
<b>Sodium:</b>	190 MG	8%
<b>Potassium:</b>	NA	NA
<b>Total Carbohydrate:</b>	1 Gram	0%
Dietary Fiber:	0 Gram	0%
Sugars:	0 Gram	
<b>Protein:</b>	7 Gram	

Vitamin A: 6%

Vitamin C: 0%

Calcium: 20%

Iron: 0%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

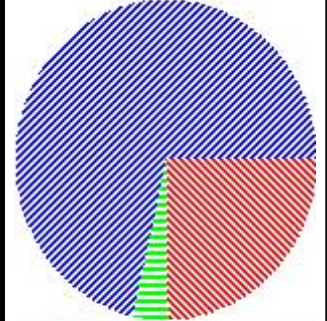
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

**Calorie Percentages**



PRO - 25%  
CHO - 4%  
FAT - 72%

**Ingredients:**

Cheddar Cheese [Cultured Pasteurized Milk, Salt, Enzymes, Annatto (Color)], Anticaking Blend [Potato Starch, Cellulose, Natamycin (Natural Mold Inhibitor)]. Contains: Milk.

**Contains:**

Milk

**Notes**

1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
2. This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.
4. These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.

**School Equivalents**

Portion Size: 1 oz.

ID#:

Child Nutrition Label:

No

Product Formulation Statement:

Yes

Meat/Meat Alt:

1.000 oz eq

Grain/Bread:

N/A oz eq

Fruit:

N/A cup

Vegetable:

Red/Orange:

N/A cup

Dark Green:

N/A cup

Starchy:	N/A cup
Beans/Peas:	N/A cup
Other:	N/A cup

**Notes:**  
I certify that the above information is true and correct and that a 1 ounce serving of the above product (ready for serving) contains 1 ounces of equivalent meat/meat alternate when prepared according to directions.