

TruMoo® brand Fat Free Chocolate Milk

Nutrition F	acts		
Serving Size 1 Cup ((236 ml)		
Servings Per Contain	ner *		
Amount Per Serving			
Calories 120		Calories from Fat 0	
% Da		Daily Value*	
Total Fat 0 g			0 %
Saturated Fat 0 g		0 %	
Trans Fat 0 g			
Cholesterol 5 mg			2 %
Sodium 180 mg			7 %
Total Carbohydrate 20 g			7 %
Dietary Fiber 0 g			0 %
Sugars 18 g			
Protein 8 g			
Vitamin A 10 %			
Vitamin A	10 %	Vitamin C	2 %
Vitamin A Calcium 30%	10 % Iron 0%		2 % in D 25%
	Iron 0% es are based on a 2, r or lower dependin	Vitam 000 calorie diet. g on your calorie	in D 25% Your daily needs:
*Percent Daily Value values may be higher	Iron 0% es are based on a 2, r or lower dependin Calories	000 calorie diet. g on your calorie 2,000	Your daily needs: 2,500
*Percent Daily Value values may be higher Total Fat	Iron 0% es are based on a 2, r or lower dependin Calories Less than	000 calorie diet. ag on your calorie 2,000 65g	Your daily needs: 2,500 80g
*Percent Daily Value values may be higher Total Fat Saturated Fat	Iron 0% es are based on a 2, r or lower dependin Calories Less than Less than	000 calorie diet. g on your calorie 2,000 65g 20g	Your daily needs: 2,500 80g 25g
*Percent Daily Value values may be higher Total Fat Saturated Fat Cholesterol	Iron 0% es are based on a 2, r or lower dependin Calories Less than Less than Less than	000 calorie diet. 1000 gon your calorie 2,000 65g 20g 300mg	Your daily needs: 2,500 80g 25g 300mg
*Percent Daily Value values may be higher Total Fat Saturated Fat Cholesterol Sodium	Iron 0% es are based on a 2, r or lower dependin Calories Less than Less than	Vitam 000 calorie diet. 1g on your calorie 2,000 65g 20g 300mg 2,400mg	Your daily needs: 2,500 80g 25g 300mg 2,400mg
*Percent Daily Value values may be higher Total Fat Saturated Fat Cholesterol Sodium Total	Iron 0% es are based on a 2, r or lower dependin Calories Less than Less than Less than	000 calorie diet. 1000 gon your calorie 2,000 65g 20g 300mg	Your daily needs: 2,500 80g 25g 300mg
*Percent Daily Value values may be higher Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate	Iron 0% es are based on a 2, r or lower dependin Calories Less than Less than Less than	000 calorie diet. ag on your calorie 2,000 65g 20g 300mg 2,400mg 300 g	Your daily needs: 2,500 80g 25g 300mg 2,400mg 375g
*Percent Daily Value values may be higher Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber	Iron 0% es are based on a 2, r or lower dependin Calories Less than Less than Less than	000 calorie diet. 1000 calorie diet. 1000 gon your calorie 1000 2,000 1000 65g 1000 20g 1000 300 g 1000 300 g 1000 25g	Your daily needs: 2,500 80g 25g 300mg 2,400mg 375g 30g
*Percent Daily Value values may be higher Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate	Iron 0% es are based on a 2, r or lower dependin Calories Less than Less than Less than	000 calorie diet. ag on your calorie 2,000 65g 20g 300mg 2,400mg 300 g	Your daily needs: 2,500 80g 25g 300mg 2,400mg 375g

Ingredients: Non Fat Milk, Sugar, Contains less than 1% of: Cocoa (Processed with Alkali), Cornstarch, Salt, Carrageenan, Natural Flavor, Vitamin A Palmitate, Vitamin D_3 .

^{*}Servings per container: Half Pint 1; Pint 2; Quart 4; Half gallon 8; Gallon 16.