

FINISHED GOODS SPECIFICATION SHEET

Document: 0 **Item Number:** 10143

Program: 21.0 Specification Program

Effective Date: 10/1/2013 **Location:** Corporate

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NATURALLY AND ARTIFICIALLY FLAVORED WILD BLUEBERRY MUFFIN MADE

Item Name: WITH WHOLE GRAIN

NATURALLY AND ARTIFICIALLY FLAVORED WILD BLUEBERRY MUFFIN MADE

Finished Food: WITH WHOLE GRAIN Market: USA

Brand/Customer: OTIS SPUNKMEYER Sub Brand: DELICIOUS ESSENTIALS



Dough Piece Weight		Final Baked Weight		
N/A		2 OZ (57 grams)		
Item Dimensions				
	Minimum	Target	Maximum	
Length (")	N/A	N/A	N/A	
Width (")	N/A	N/A	N/A	
Height (")	N/A	N/A	N/A	
Circum. (")	N/A	N/A	N/A	

ITEM DESCRIPTION

DELICIOUS ESSENTIALS THAW AND SERVE MUFFINS COME IN FOUR POPULAR FLAVORS THAT ARE INDIVIDUALLY WRAPPED WITH A 14 DAY SHELF LIFE WHEN KEPT AT ROOM TEMPERATURE. THEY ARE MADE TO MEET STRICT SCHOOL NUTRITIONAL GUIDELINES WITHOUT SACRIFICING TASTE.

ITEM PACKAGING						
No. of Pieces / Case or Tray:	72/Case * 2OZ		No. of Trays / Case:	N/A		
Cases per Pallet:	81	-	Case Gross Wt. (lbs):	10.75		
Rows per Pallet (Hi):	9	-	Case Gross Wt. (kgs):	4.87		
Cases per Row (Ti):	9	•	Case Net Wt. (lbs):	9		
Case Dimensions:	16.45 X 10.95	X 8.27	Case Net Wt. (kgs):	4.08		
Case Cube (Cu. Ft.):	0.86		No. of Bags / Case:	N/A		
Shipper UCC Code:	10013087101437	-	Retail Packaging UPC:	013087101430		
Manufacturing Location (GLN):	1101, 1104,	1105	Packaging Format:	Individually Wrapped		
-		-	-			

Total Shelf Life from Production: Best Before Date Format: Shelf Life After Baking (if Applicable): Shelf Life After Defrosting (if Applicable): State of the After Defrosting (if Applicable): Min. Distribution Temperature:

Certified Kosher	Certified Halal	Certified Organic
OU D	No	No

Prepared By: Tracy Ramirez

Regulatory Coordinator



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Baked per serving:

Amount / Serving % Daily Value* Amount / Serving % Daily Value* Nutrition Facts Total Fat 5g 8% Sodium 120mg 5% Serving Size 1 muffin (57g) Saturated Fat 2g Total Carbohydrate 29g 10% Calories 170 Trans Fat 0g Dietary Fiber 2g 9% Calories from Fat 50 Polyunsaturated Fat 1g Calories from Saturated Fat 15 Sugars 15g *Percent Daily Values are based on a 2,000 calorie Monounsaturated Fat 2.5g Protein 3g Cholesterol 40mg 14% Vitamin A 0% • Vitamin C 0% Calcium 2% Iron 6%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLUEBERRIES, INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, OAT FIBER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, MONO- AND DIGLYCERDIES, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, PROPYLENE GLYCOL MONOSTEARATE, SALT, MONO-AND DIGLYCERIDES, SODIUM STEARCYL LACTYLATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, BLUEBERRY JUICE CONCENTRATE, BLACKBERRY JUICE CONCENTRATE, MALIC ACID, ENZYMES.

CONTAINS: WHEAT, EGGS, SOY

CLAIMS:

- 1. Not more than 30% of total calories from fat. Not low in fat. Nutrition Facts panel must accompany this statement.
- 2. Not more than 10% of total calories from saturated fat. Not low in saturated fat. Nutrition Facts panel must accompany this statement.
- 3. 0g Trans Fat per muffin. 5g fat and 40mg cholesterol per muffin. Nutrition Facts panel must accompany this statement. Not low in total or saturated fat. Please see Nutrition Facts for fat and saturated fat content.
- 4. No High Fructose Corn Syrup.
- 5. No more than 30% added sugar by weight. Nutrition Facts panel must accompany this statement. OTHER:
- 1. 1.0 Creditable Grain Ounce Equivalent
- 2. 11.49 grams whole grain per 57 gram muffin (51% minimum whole grain per total grain content)
- 3. 5.74 grams enriched flour per 57 gram muffin
- 4. Eligible for Whole Grain Council Stamp

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NUTRITION VALUES (BAKED / UNROUNDED PER 100G)

Nutrient	Per 100g	Nutrient	Per 100g	Nutrient	Per 100g
Basic Components		Vitamin A - RE (RE)	0.66	Chromium (mcg)	
Gram Weight (g)	100.00	Vitamin A - RAE (RAE)	0.33	Copper (mg)	0.02
Calories (kcal)	305.91	Carotenoid RE (RE)	0.66	Fluoride (mg)	0.01
Calories from Fat (kcal)	84.67	Retinol RE (RE)	0	lodine (mcg)	0
Calories from SatFat (kcal)	27.95	Beta-Carotene (mcg)	3.97	Iron (mg)	1.76
Protein (g)	4.81	Vitamin B1 (mg)	0.18	Magnesium (mg)	28.54
Carbohydrates (g)	50.88	Vitamin B2 (mg)	0.19	Manganese (mg)	0.93
Dietary Fiber (g)	3.82	Vitamin B3 (mg)	1.65	Molybdenum (mcg)	
Soluble Fiber (g)	1.39	Vitamin B3 - Niacin Equiv (mg)	0.90	Phosphorus (mg)	265.18
Total Sugars (g)	26.07	Vitamin B6 (mg)	0.09	Potassium (mg)	218.15
Monosaccharides (g)	0	Vitamin B12 (mcg)	0.18	Selenium (mcg)	0.52
Disaccharides (g)	0	Biotin (mcg)	0.10	Sodium (mg)	214.05
Other Carbs (g)	7.66	Vitamin C (mg)	0	Zinc (mg)	0.81
Fat (g)	9.47	Vitamin D - IU (IU)	0	Poly Fats	
Saturated Fat (g)	3.12	Vitamin D - mcg (mcg)	0	Omega 3 Fatty Acid (g)	0.01
Mono Fat (g)	4.21	Vitamin E - Alpha-Toco (mg)	0.28	Omega 6 Fatty Acid (g)	0.05
Poly Fat (g)	1.70	Folate (mcg)	26.59	Other Nutrients	
Trans Fatty Acid (g)	0.11	Folate, DFE (mcg)	27.94	Alcohol (g)	0
Cholesterol (mg)	73.73	Vitamin K (mcg)	0.03	Caffeine (mg)	0
Water (g)	32.74	Pantothenic Acid (mg)	0.31	Choline (mg)	1.01
Vitamins		Minerals			
Vitamin A - IU (IU)	0	Calcium (mg)	47.62		

GMO STATUS: BASED ON THE INFORMATION PROVIDED TO US BY OUR VENDORS, WE CANNOT GUARANTEE THAT THIS ITEM IS GENETICALLY MODIFIED ORGANISM (GMO) FREE.

MSDS: ALL ITEMS MANUFACTURED BY ARYZTA, LLC CONTAIN INGREDIENTS WHICH ARE ON THE GRAS (GENERALLY RECOGNIZED AS SAFE) LIST. THESE FOOD ITEMS DO NOT REQUIRE A MSDS (MATERIAL SAFETY DATA SHEET) AND ARE MADE IN COMPLIANCE WITH THE UNITED STATES OF AMERICA FEDERAL FOOD, DRUG AND COSMETIC ACT.

CERTIFICATE OF MANUFACTURE: ARYZTA, LLC CERTIFIES THAT ALL PRODUCTS ARE PREPARED, PROCESSED AND PACKAGED IN A FACILITY INSPECTED BY THE FOOD AND DRUG ADMINISTRATION AS WELL AS APPLICABLE STATE OR LOCAL HEALTH AGENCIES IN THE UNITED STATES OF AMERICA AND CANADA, USING ONLY INGREDIENTS AND PACKAGING THAT ARE APPROVED FOR FOOD USE.

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PREPARATION and / or BAKING INSTRUCTIONS

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