

FINISHED GOODS SPECIFICATION SHEET

Document: 0 **Item Number:** 10147
Program: 21.0 Specification Program
Effective Date: 10/1/2013 **Location:** Corporate
Supersedes Date: 7/16/2013 **Controlled Copy** **Page:** 1 of 4

Item Name: NATURALLY AND ARTIFICIALLY FLAVORED WILD BLUEBERRY MUFFIN MADE WITH WHOLE GRAIN
Finished Food: NATURALLY AND ARTIFICIALLY FLAVORED WILD BLUEBERRY MUFFIN MADE WITH WHOLE GRAIN **Market:** USA
Brand/Customer: OTIS SPUNKMEYER **Sub Brand:** DELICIOUS ESSENTIALS



Dough Piece Weight	Final Baked Weight		
N/A	4 OZ (113g)		
Item Dimensions			
	Minimum	Target	Maximum
Length (")	N/A	N/A	N/A
Width (")	N/A	N/A	N/A
Height (")	N/A	N/A	N/A
Circum. (")	N/A	N/A	N/A

ITEM DESCRIPTION

DELICIOUS ESSENTIALS THAW AND SERVE MUFFINS COME IN FOUR POPULAR FLAVORS THAT ARE INDIVIDUALLY WRAPPED WITH A 14 DAY SHELF LIFE WHEN KEPT AT ROOM TEMPERATURE. THEY ARE MADE TO MEET STRICT SCHOOL NUTRITIONAL GUIDELINES WITHOUT SACRIFICING TASTE.

ITEM PACKAGING

No. of Pieces / Case or Tray: 48 * 4OZ	No. of Trays / Case: 0
Cases per Pallet: 70	Case Gross Wt. (lbs): 12.9
Rows per Pallet (Hi): 7	Case Gross Wt. (kgs): 5.85
Cases per Row (Ti): 10	Case Net Wt. (lbs): 12
Case Dimensions: 14.88 X 11.5 X 10.25	Case Net Wt. (kgs): 5.44
Case Cube (Cu. Ft.): 1.015	No. of Bags / Case: N/A
Shipper UCC Code: 10013087101475	Retail Packaging UPC: 013087101478
Manufacturing Location (GLN): 1101, 1105	Packaging Format: IW Retail

STORAGE & HANDLING

Total Shelf Life from Production: 365 days Frozen **Distributed:** Frozen
Best Before Date Format: _____ **Recommended Storage Conditions:** Frozen
Shelf Life After Baking (if Applicable): _____ **Max. Distribution Temperature:** _____
Shelf Life After Defrosting (if Applicable): 30 Days **Min. Distribution Temperature:** _____

Certified Kosher
OU D

Certified Halal
No

Certified Organic
No



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Baked per serving:

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*
Serving Size 1 muffin (113g)		Total Fat 11g	16%	Sodium 240mg	10%
Calories 350		Saturated Fat 3.5g	18%	Total Carbohydrate 57g	19%
Calories from Fat 100		Trans Fat 0g		Dietary Fiber 4g	17%
Calories from Saturated Fat 30		Polyunsaturated Fat 2g		Sugars 29g	
*Percent Daily Values are based on a 2,000 calorie diet.		Monounsaturated Fat 5g		Protein 5g	
		Cholesterol 85mg	28%		
		Vitamin A 2%	• Vitamin C 0%	Calcium 6%	• Iron 10%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLUEBERRIES, INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, OAT FIBER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, PROPYLENE GLYCOL MONOSTEARATE, SALT, MONO- AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, BLUEBERRY JUICE CONCENTRATE, BLACKBERRY JUICE CONCENTRATE, MALIC ACID, ENZYMES.
CONTAINS: WHEAT, EGGS, SOY

- CLAIMS:**
1. Not more than 30% of total calories from fat. Not low in fat. Nutrition Facts panel must accompany this statement.
 2. Not more than 10% of total calories from saturated fat. Not low in saturated fat. Nutrition Facts panel must accompany this statement.
 3. 0g Trans Fat per muffin. 11g fat and 85mg cholesterol per muffin. Nutrition Facts panel must accompany this statement. Not low in total or saturated fat. Please see Nutrition Facts for fat and saturated fat content.
 4. No High Fructose Corn Syrup.
 5. No more than 30% added sugar by weight. Nutrition Facts panel must accompany this statement.
- OTHER:
1. 2.0 Creditable Grain Ounce Equivalents
 2. 22.8 grams whole grain per 113 gram muffin (51% minimum whole grain per total grain content)
 3. 11.4 grams enriched flour per 113 gram muffin
 4. Eligible for Whole Grain Council Stamp

Prepared By: Tracy Ramirez


Regulatory Coordinator



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NUTRITION VALUES (BAKED / UNROUNDED PER 100G)

Nutrient	Per 100g	Nutrient	Per 100g	Nutrient	Per 100g
Basic Components		Vitamin A - RE (RE)	0.71	Chromium (mcg)	--
Gram Weight (g)	100.00	Vitamin A - RAE (RAE)	0.35	Copper (mg)	0.02
Calories (kcal)	304.50	Carotenoid RE (RE)	0.71	Fluoride (mg)	0.01
Calories from Fat (kcal)	84.19	Retinol RE (RE)	0	Iodine (mcg)	0
Calories from SatFat (kcal)	27.79	Beta-Carotene (mcg)	4.24	Iron (mg)	1.75
Protein (g)	4.78	Vitamin B1 (mg)	0.18	Magnesium (mg)	28.40
Carbohydrates (g)	50.67	Vitamin B2 (mg)	0.19	Manganese (mg)	0.92
Dietary Fiber (g)	3.81	Vitamin B3 (mg)	1.64	Molybdenum (mcg)	--
Soluble Fiber (g)	1.38	Vitamin B3 - Niacin Equiv (mg)	0.89	Phosphorus (mg)	263.73
Total Sugars (g)	25.97	Vitamin B6 (mg)	0.09	Potassium (mg)	217.23
Monosaccharides (g)	0	Vitamin B12 (mcg)	0.18	Selenium (mcg)	0.53
Disaccharides (g)	0	Biotin (mcg)	0.10	Sodium (mg)	212.84
Other Carbs (g)	7.62	Vitamin C (mg)	0	Zinc (mg)	0.81
Fat (g)	9.42	Vitamin D - IU (IU)	0	Poly Fats	
Saturated Fat (g)	3.10	Vitamin D - mcg (mcg)	0	Omega 3 Fatty Acid (g)	0.01
Mono Fat (g)	4.19	Vitamin E - Alpha-Toco (mg)	0.29	Omega 6 Fatty Acid (g)	0.05
Poly Fat (g)	1.69	Folate (mcg)	26.48	Other Nutrients	
Trans Fatty Acid (g)	0.11	Folate, DFE (mcg)	27.82	Alcohol (g)	0
Cholesterol (mg)	73.31	Vitamin K (mcg)	0.03	Caffeine (mg)	0
Water (g)	33.04	Pantothenic Acid (mg)	0.31	Choline (mg)	1.00
Vitamins		Minerals			
Vitamin A - IU (IU)	95.77	Calcium (mg)	47.43		

GMO STATUS: BASED ON THE INFORMATION PROVIDED TO US BY OUR VENDORS, WE CANNOT GUARANTEE THAT THIS ITEM IS GENETICALLY MODIFIED ORGANISM (GMO) FREE.

MSDS: ALL ITEMS MANUFACTURED BY ARYZTA, LLC CONTAIN INGREDIENTS WHICH ARE ON THE GRAS (GENERALLY RECOGNIZED AS SAFE) LIST. THESE FOOD ITEMS DO NOT REQUIRE A MSDS (MATERIAL SAFETY DATA SHEET) AND ARE MADE IN COMPLIANCE WITH THE UNITED STATES OF AMERICA FEDERAL FOOD, DRUG AND COSMETIC ACT.

CERTIFICATE OF MANUFACTURE: ARYZTA, LLC CERTIFIES THAT ALL PRODUCTS ARE PREPARED, PROCESSED AND PACKAGED IN A FACILITY INSPECTED BY THE FOOD AND DRUG ADMINISTRATION AS WELL AS APPLICABLE STATE OR LOCAL HEALTH AGENCIES IN THE UNITED STATES OF AMERICA AND CANADA, USING ONLY INGREDIENTS AND PACKAGING THAT ARE APPROVED FOR FOOD USE.

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PREPARATION and / or BAKING INSTRUCTIONS

Must keep frozen until ready to use

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