



QUAKER® CHEWY GRANOLA BAR - MAPLE BROWN SUGAR
1.26 OZ. (36g.)

Nutrition Facts	
Serving Size 1 Bar (36 g)	
Amount Per Serving	
Calories 140	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0.5g	
Cholesterol 0 mg	0%
Sodium 125mg	5%
Total Carbohydrate 28g	9%
Dietary Fiber 1g	6%
Sugars 10g	
Sugar Alcohol 2g	
Other Carbohydrates 16g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	10%
Iron	2%
Not a significant source of Cholesterol, Vitamin A, Vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: GRANOLA (WHOLE GRAIN ROLLED OATS, BROWN SUGAR, BROWN RICE CRISP [WHOLE GRAIN BROWN RICE FLOUR, SUGAR, SALT], WHOLE GRAIN ROLLED WHEAT, SOYBEAN OIL, WHOLE WHEAT FLOUR, SODIUM BICARBONATE, SOY LECITHIN, NONFAT DRY MILK), CORN SYRUP, BROWN RICE CRISP (WHOLE GRAIN BROWN RICE FLOUR, SUGAR, SALT), CORN SYRUP SOLIDS, CONFECTIONARY CHIPS (SUGAR, PALM KERNEL AND PALM OIL, NONFAT DRY MILK, ARTIFICIAL COLOR, SOY LECITHIN), GLYCERIN, INVERT SUGAR, SOYBEAN OIL, SORBITOL, CALCIUM CARBONATE, SUGAR, FRUCTOSE, WATER, SALT, NATURAL AND ARTIFICIAL FLAVOR, CINNAMON, SOY LECITHIN, MOLASSES, BHT (PRESERVATIVE), TOCOPHEROLS (PRESERVATIVE), CITRIC ACID.

CONTAINS MILK, SOY AND WHEAT INGREDIENTS.

Case UPC	100-30000-31441-5
Package UPC	0-30000-31441-8
Case Pack	125/1.26 oz. bars
Kosher Status	Yes – Dairy
USDA Smart Snack	Yes
Grain - oz. eq.	1 oz. eq.
Weight of Grain	16g
Document Updated	1/17

I verify the above information is correct as of 1/3/17.

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All products are accurately labeled with the most current information however, since the ingredients are subject to change, we recommend you check the label on the specific product for the most current and accurate information.