



## Smartfood® Delight White Cheddar Popcorn – .5 oz. (14 g)

<b>Nutrition Facts</b>	
Serving Size	1 package
Servings Per Container	1
<b>Amount Per Serving</b>	
<b>Calories</b>	1 package 70
<b>Calories from Fat</b>	20
<b>%Daily Value*</b>	
<b>Total Fat</b> 2.5g	<b>4%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 100mg	<b>4%</b>
<b>Total Carbohydrate</b> 9g	<b>3%</b>
Dietary Fiber 2g	<b>6%</b>
Sugars less than 1g	
<b>Protein</b> 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Potassium	3,500mg    3,500mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9	Carbohydrate 4    Protein 4

### Ingredients:

Popcorn, Vegetable Oil (Sunflower, Corn, and/or Canola Oil), Maltodextrin (Made from Corn), Reduced Lactose Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Whey Protein Concentrate, Whey, Natural Flavors, Buttermilk, Potassium Chloride, Lactic Acid, and Citric Acid.

**CONTAINS MILK INGREDIENTS.**

Case UPC	000-28400-25566-0
Bag UPC	0-28400-04096-3
Case Pack	72/.5 oz. bags
Kosher Status	Not Kosher
USDA Smart Snack Compliant	Yes- Whole Grain first ingredient
Grain- oz. eq.	Not creditable
Document Updated	1/17



I verify the above information is accurate as of 1/5/17.

*Jan Ruegg*  
Jan Ruegg

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✔️ **Your product is compliant!**

Your whole grain product meets all nutrient standards for entrees or snack foods.

**Brand**

Smartfood Delight

**Serving Size**

14.18 g

**Product**

Sea Salted Caramel Popcorn

**First Ingredient**

Popcorn

*The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.*