

Munchies® Munch Mix Snack Mix – .875 oz. (24.8 g)

Nutrition Facts	
1 Serving per container	
Servings Size	1 package
Amount per serving	
Calories	110
<small>%Daily Value*</small>	
Total Fat 3.5g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 2 g Added Sugars	4%
Protein 2g	
Vitamin D 0.9mcg	4%
Calcium 30 mg	2%
Iron 2.8mg	15%
Potassium 70mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.	

Case UPC	000-28400-36308-2
Bag UPC	TBD
Case Pack	104/.875 oz. bags
Kosher Status	Not Kosher
USDA Smart Snack Compliant	Yes – 50% or more whole grains by weight
Grain- oz. eq.	1 oz. eq.
Document Updated	5/17

Ingredients:

QUAKER® Oatmeal Squares - Brown Sugar

Whole Oat Flour, Whole Wheat Flour, Brown Sugar, Sugar, Maltodextrin (Made from Corn), Malted Barley Extract, Molasses, Salt, Calcium Carbonate, Sodium Bicarbonate, Natural Flavors, Artificial Color (Yellow 5, Yellow 6), Sodium Ascorbate, Reduced Iron, Alpha Tocopheryl Acetate (Vitamin E), BHT (Preservative), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Vitamin A Palmitate, Riboflavin (Vitamin B2), Ascorbic Acid, and Corn Syrup.

ROLD GOLD® Heartzels® Pretzels

Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate.

SUNCHIPS® Harvest Cheddar® Flavored Mini Whole Grain Snacks

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made from Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk.

SMARTFOOD DELIGHT® White Cheddar Cheese Popcorn

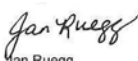
Popcorn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Reduced Lactose Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Whey Protein Concentrate, Whey, Natural Flavors, Buttermilk, Potassium Chloride, Lactic Acid, and Citric Acid.

CHEETOS® Asteroids Cheese Flavored Snacks

Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Canola Oil, Maltodextrin [Made from Corn], Natural and Artificial Flavors, Salt, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, Artificial Color [Yellow 6]), and Salt.

CONTAINS MILK AND WHEAT INGREDIENTS.

I verify the above information is accurate as of 4/26/17.


Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science

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Plano, TX 75024-4099

All products are accurately labeled with the most current information however, since the ingredients are subject to change, we recommend you check the label on the specific product for the most current and accurate information.



Smart Snacks Product Calculator Results

Brand:
Munchies

Product Name:
Munch Mix Snack Mix

Serving Size:
24.81 g

First Ingredient:
whole oat flour

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 0.875 oz (about 24.81 g) ⓘ

Servings Per Container

Amount Per Serving

Calories 110

Calories from Fat NA

Total Fat (g) 3.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 180

Carbohydrates

Sugars (g) 2

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.