



RF Doritos® Nacho Cheese Tortilla Chips – 1 oz. (28 g.)

Whole Grain Rich

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	130
Calories from Fat	45
	%Daily Value*
Total Fat 5g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	2%
Thiamin	2%
Magnesium	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients: **Whole Corn**, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Corn Dextrin, Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Monosodium Glutamate, Buttermilk, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Onion Powder, Corn Flour, Natural and Artificial Flavor, Dextrose, Tomato Powder, Lactose, Spices, Artificial Color (Including Yellow 6, Yellow 5, Red 40), Lactic Acid, Citric Acid, Sugar, Garlic Powder, Skim Milk, Red and Green Bell Pepper Powder, Disodium Inosinate, and Disodium Guanylate.

CONTAINS MILK INGREDIENTS.

Case UPC	000-28400-31748-1
Bag UPC	0-28400-04243-7
Case Pack	72/1 oz. bags
Kosher Status	No
AHG Compliant	Yes
USDA Competitive Foods Compliant	Yes – 50% or more whole grains by weight
Meets USDA Whole Grain Rich Definition	Yes
Package carries FDA approved Whole grain health claim	Yes
Grain – oz. eq.	1.5 oz. eq.
Weight of Grain	25.7 g
Document Updated	1/14

I verify the information above is accurate as of 1/24/14.

Jan Ruegg
 Jan Ruegg
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* Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol may help reduce the risk of heart disease.

