



Baked! Lay's® Sour Cream & Onion Potato Crisps – .875 oz. (24.8 g)

Nutrition Facts			
Serving Size 1 package			
Servings Per Container 1			
Amount Per Serving			
Calories			
			100
Calories from Fat			25
			%Daily Value*
Total Fat	2.5g		4%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	1.5g		
Monounsaturated Fat	0.5g		
Cholesterol	0mg		0%
Sodium	140mg		6%
Potassium	200mg		6%
Total Carbohydrate	18g		6%
Dietary Fiber	1g		5%
Sugars	3g		
Protein	2g		
Vitamin A			0%
Vitamin C			2%
Calcium			0%
Iron			0%
Thiamin			4%
Niacin			6%
Vitamin B6			6%
Pantothenic Acid			2%
Phosphorus			2%
Magnesium			2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total		300g	375g
Carbohydrate			
Dietary		25g	30g
Fiber			
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Ingredients:

Dried Potatoes, Corn Starch, Corn Oil, Sugar, Salt, Dextrose, Soy Lecithin, Molasses (Contains Wheat Starch and Soy Flour), Onion Powder, Brown Sugar, Fructose, Natural Flavors (Contains Milk, Barley, and Chicken), Torula Yeast, Chili Pepper, Tomato Powder, Soybean Oil, Garlic Powder, Citric Acid, Spices, Paprika Extract, Yeast Extract, and Annatto Extract (Color).

CONTAINS WHEAT, SOY, AND MILK INGREDIENTS.

Case UPC	000-28400-04702-9
Bag UPC	0-28400-33627-7
Case Pack	60/.875 oz.
Kosher Status	Not Kosher
AHG Compliant	Yes – E, M, H
USDA Competitive Foods Compliant	Yes- Vegetable first ingredient
Grain- oz. eq.	0
Weight of Grain	0
Document Updated	3/14

I verify the above information is accurate as of 3/21/14.

Jan Ruegg
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