

## LEARN MORE ABOUT

our great tasting, good-for-you foodservice Belgian Chef Stix...



### Whole Grain Waffle Stix

Case GTIN Code: 30089947002514

Great flavor and good nutrition come together in **Belgian Chef® Whole Grain Waffle Stix**. They're sure to please everyone with their fun-to-eat shape and delicious taste.

#### INGREDIENTS:

Water, Whole Wheat Flour, Enriched Flour (Unbleached Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Canola Oil, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Rice Flour, Monocalcium Phosphate), Whey, Natural Flavors, Wheat Protein Isolate, Soy Lecithin, Sea Salt, Eggs.

CONTAINS: Wheat, Milk, Soy, Eggs.

#### PREPARATION INSTRUCTIONS:

**For food safety and quality, cook thoroughly. Cooking Instructions:**

1. Place product in a single layer on cooking tray (24 pieces). Completely cover baking sheet with aluminum foil.
2. Cook at time indicated below.\*
3. Remove. CAUTION: PRODUCT WILL BE HOT.

Oven Type	Oven Temp.	Cook Time
CONVECTION	375°F	FROZEN 18-20 MINUTES

\* Individual ovens cook differently. Cooking time is approximate.

### Nutrition Facts

Serving Size 2 Waffles (62g)  
Servings Per Container 72

Amount Per Serving		Calories from Fat 15	
Calories 140		%Daily Value*	
<b>Total Fat</b> 2g		<b>3</b> %	
Saturated Fat 0g		<b>0</b> %	
Trans Fat 0g			
<b>Cholesterol</b> 0mg		<b>0</b> %	
<b>Sodium</b> 250mg		<b>10</b> %	
<b>Total Carbohydrates</b> 27g		<b>9</b> %	
Dietary Fiber 2g		<b>8</b> %	
Sugars 5g			
<b>Protein</b> 4g			
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	6%

\*Percentage Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



#### PRODUCT SPECIFICATIONS:

Pack Size	Weight per Waffle	Serving Size	Servings per Case			
144 x 1.1 oz	1.1 oz	2 pieces (62g)	72			
Storage Temperature	Shelf Life	Bread/Grain Equivalents	Kosher			
Keep Frozen	360 days (12 months)	2	KOF-K Certified			
Case Net Weight	Case Gross Weight	Case Dimensions (L x W x H)	Case Cube	Cases per Layer	Layers per Pallet	Total Cases per Pallet
9.9 lbs	10.9 lbs	14.813" x 13.313" x 6.438"	.73	9	12	108