



Fritos® RF Corn Chips – 16 oz.

Nutrition Facts	
Serving Size 1 oz (28g/About 34 chips)	
Servings Per Container About 16	
Amount Per Serving	
Calories	
140	
Calories from Fat	
60	
%Daily Value*	
Total Fat 6g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 3g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	9%
Sugars 0g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total	300g 375g
Carbohydrate	
Dietary	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Whole Corn, Corn, Corn Oil and Salt

Case UPC	000-28400-57766-3
Bag UPC	0-28400-56135-8
Case Pack	8/16 oz. bags
Kosher Status	Yes
USDA Smart Snack Compliant	No
Grain Equivalents	1.25 oz. eq. Grain
Weight of Grain	23.1g
Document Updated	2/15

The nutrition facts and oz. eq. Grain calculations are tentative and are subject to minor changes.