




















February 2018 Elementary Breakfast

Prepay online at www.myschoolbucks.com!

*All meals are served with 1% low-fat free milk or nonfat chocolate milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
			 Breakfast Pizza 1 or Breakfast Classics 100% Fresh Juice Fresh Fruit	  French Toast 2 Breakfast Bar or Breakfast Classics 100% Fresh Juice Fresh Fruit	Calories: 421 Total Fat: 8.0g Sat. Fat: 2.4g Fiber: 5.0g Sodium: 422mg
5 No School	  Breakfast Bun 6 or Breakfast Classics 100% Fresh Juice Fresh Fruit	  Banana Chocolate Chip 7 Breakfast Bar or Breakfast Classics 100% Fresh Juice Fresh Fruit	 Breakfast Sandwich 8 or Breakfast Classics 100% Fresh Juice Fresh Fruit	  Mini Waffles 9 or Breakfast Classics 100% Fresh Juice Fresh Fruit	Calories: 411 Total Fat: 7.5g Sat. Fat: 2.3g Fiber: 5.0g Sodium: 419mg
  Yogurt Parfait 12 or Breakfast Classics 100% Fresh Juice Fresh Fruit	  Oatmeal Chocolate Chip 13 Breakfast Bar or Breakfast Classics 100% Fresh Juice Fresh Fruit	  Mini Cinnis  14 or Breakfast Classics 100% Fresh Juice Fresh Fruit	  Cherry Frudel 15 or Breakfast Classics 100% Fresh Juice Fresh Fruit	16 No School	Calories: 412 Total Fat: 7.7g Sat. Fat: 2.2g Fiber: 4.9g Sodium: 399mg



Meal Price:

Full Price—2.00



Reduced Price—No Charge

Milk Only—\$0.50

Redondo Beach USD
is getting **GREENER!**

*We now use recyclable paper trays in all our cafeterias









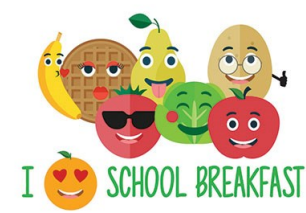


Menu Key:

-  Meatless Option
-  Contains Beef
-  Contains Pork
-  Whole Grain



*Menu Subject to Change


February 2018 Elementary♥Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
<p style="text-align: right;">19</p> <p style="text-align: center;">No School</p>	<p style="text-align: right;">20</p> <p>  Berry Blast French Toast Syrup Packet or Breakfast Classics 100% Fresh Juice Fresh Fruit </p>	<p style="text-align: right;">21</p> <p>  Breakfast Bun or Breakfast Classics 100% Fresh Juice Fresh Fruit </p>	<p style="text-align: right;">22</p> <p>  Breakfast Pizza or Breakfast Classics 100% Fresh Juice Fresh Fruit </p>	<p style="text-align: right;">23</p> <p>  Hot Oatmeal with Apple Slices or Breakfast Classics 100% Fresh Juice Fresh Fruit </p>	<p> Calories: 408 Total Fat: 7.3g Sat. Fat: 2.2g Fiber: 5.0g Sodium: 407mg </p>
<p style="text-align: right;">26</p> <p>  Banana Chocolate Chip Breakfast Bar or Breakfast Classics 100% Fresh Juice Fresh Fruit </p>	<p style="text-align: right;">27</p> <p>  Breakfast Sandwich or Breakfast Classics 100% Fresh Juice Fresh Fruit </p>	<p style="text-align: right;">28</p> <p>  Mini Cinnis or Breakfast Classics 100% Fresh Juice Fresh Fruit </p>			<p> Calories: 414 Total Fat: 7.8g Sat. Fat: 2.4g Fiber: 4.9g Sodium: 438mg </p>
			<p>All students must select a 1/2 cup of fruit!</p> 		

Offered Daily

Breakfast Classics:
WG Plain Bagel + Cream Cheese

WG Cereal Selections

 WG Muffins

Redondo Beach

Unified School District

This institution is an equal opportunity provider.

Can't make it to breakfast before the start of school?

A second chance breakfast is offered daily in the cafeteria during the students' recess times at the following schools:
Beryl, Birney, Jefferson, Lincoln, Madison & Washington.