

# Shortlidge Elem. Managers Menu June 7-June 13

Visit our website!  
[www.Redclaycafe.com](http://www.Redclaycafe.com)

- Milk Choices: Skim or 1% White, Fat Free Chocolate & Strawberry
- All sandwiches/wraps made on Whole Grains

- Menu is subject to change.  
\*If your school is participating in CEP (Community Eligibility Provision), the first meal for daily breakfast and lunch is provided at no charge to all students.

\*USDA is an equal opportunity provider and employer.

## Prices (Non-CEP)\*

- Elementary Breakfast: \$0.75
- Secondary Breakfast: \$0.90
- Elementary Lunch \$1.50
- Secondary Lunch \$1.75
- Milk \$0.50
- Adult Breakfast \$2.50
- Adult Lunch \$3.50



## Available Daily

- PB & J Sandwich
- Dairy Lunchable
- Fruit & Yogurt Parfait
- Assorted Fresh Fruit

Choice of Fat-Free or 1% Milk



This Summer, 2017, The Red Clay School District will operate a Summer Feeding Program offering Breakfast and Lunch, at no cost, to children 18 years of age and younger who are enrolled in summer programs. In addition, these meals are also offered to members of the community who are 18 years or younger, free of charge, during specified time periods at certain Red Clay school locations.



For more information, visit [www.redclaycafe.com](http://www.redclaycafe.com), call the Nutrition Office at (302)992-5580 or scan the QR code!

### Wednesday, June 7

#### Breakfast

- Disney's Frozen! Cereal
- Mini Cinnis

#### Lunch

- Chicken Patty Sandwich
- Turkey & Cheese Sandwich
- Apple & Chicken Salad

#### Lunch Sides of the Day

- Steamed Peas & Carrots
- Juicy Peaches
- Fresh Assorted Fruit
- Fresh Cauliflower Florets

### Thursday, June 8

#### Breakfast

- Pig in a Pancake
- Sunrise Bites

#### Lunch

- Turkey & Cheese Pretzelwich
- Italian Sub
- Crispy Chicken Salad

#### Lunch Sides of the Day

- Sauteed Spinach
- Cool Pears
- Fresh Assorted Fruit
- Fresh Red & Yellow Peppers

### Friday, June 9

#### Breakfast

- Banana Bread
- Pop Tart

#### Lunch

- Cheesy Eggs in a Basket
- Assorted Deli Sandwich
- Chicken Fiesta Salad

#### Lunch Sides of the Day

- Oven Baked Fries
- Chilled Applesauce
- Fresh Assorted Fruit
- Fresh Cucumbers & Celery

## NUMBERS GAME.

30 SPF sunscreen provides about the same protection from sunburn and skin damage as higher numbers. What's important is to get good skin coverage, reapply at least every 2 hours (more frequently when swimming or exercising), and choose sunscreen that provides "broad-spectrum" or "UVA/UVB" protection.



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

### Monday, June 12

#### Breakfast

- Toaster Fruitel
- Appleyway Bar

#### Lunch

- Sweet & Sour Meatballs With Brown Rice
- Tuna Salad Sandwich
- Chicken Caesar Salad

#### Lunch Sides of the Day

- Tasty Collard Greens
- Cool Mixed Fruit
- Fresh Assorted Fruit
- Chipotle Black Bean Salad

### Tuesday, June 13

#### Breakfast

- Blueberry Muffin
- Nutrigrain Bar

#### Lunch

- Vendor Pizza!
- Turkey & Cheese Sandwich
- BLT Chicken Salad

#### Lunch Sides of the Day

- Roasted Potatoes
- Fresh Apple Slices
- Fresh Assorted Fruit
- Fresh Carrot Sticks

# THANKS!

**WE'RE GLAD WE HAD THE CHANCE TO SERVE YOU THIS SCHOOL YEAR AND LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR. IF YOU'RE GRADUATING, CONGRATULATIONS AND GOOD LUCK -- WE'LL MISS YOU!**

## Red Clay Mobile Meals Times & Locations

The Red Clay Nutrition Department feeds your children during the school year and now we are feeding your children during the summer! Red Clay is offering mobile meals this summer at no cost, to children 18 years and younger! \* Children must eat meal on-site!

Dates: June 19th-August 11th (Meals will not be served on Tuesday, July 4th!)  
Monday - Friday

The food truck will be visiting these communities! →

Murray Manor I	10:30am-11:00am
Midway Park Apartments	11:20am-11:50am
Limestone Terrace	12:10pm-12:40pm
Arbor Pointe Apartments	1:00pm-1:30pm

Contact the Red Clay Nutrition Department with Questions!  
Phone: (302)992-5580 or visit [Redclaycafe.com](http://Redclaycafe.com)