A.I. High

6	7	8	9	10
Grab n' Go Bagged Lunch	Grab n' Go Bagged Lunch	Grab n' Go Bagged Lunch	Grab n' Go Bagged Lunch	
Steamed Broccoli	Green Beans	Glazed Carrots	Green Beans	
Applesauce	Mixed Fruit	Applesauce Cups	Pears	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Celery & Tomatoes	Fresh Baby Carrots	Red & Yellow Peppers with Hummus	Assorted Raw Vegeatbles	

Baltz

6	7	8	9	10
Sloppy Joe on Bun	BBQ chicken sandwich	Turkey Cheese burgers	vedor pizza	
Sweet Potatoes	Steamed Broccoli	Carrots	Steamed Peas	
Mixed Fruit	Pears	Applesauce	Mixed Fruit	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Celery & Carrots	Green Peppers & Tomatoes	Assorted Raw Vegetables	Assorted Raw Vegetables	
Ham & Cheese Sandwich	Turkey & Cheese Sandwich	Tuna sandwich	Assorted Deli Sandwiches	
Grilled Chicken Salad	Buffalo Chicken Salad	Assorted Chef Salad	Grilled Chicken Salad	

Brandywine Springs School

	5 7	8	9	10
Chicken Patty	French Toast Sticks & Sausage	Nacho Supreme with Tostitos	Grab N' Go Bagged Lunch	
			Turkey & Cheese Sandwich OR	
Baked Beans	Oven Fries	Fresh Baby Carrots	Ham & Cheese Sandwich	
Assorted Cupped Fruit	Assorted Cupped Fruit	Assorted Cupped Fruit		
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	Bagged Baby Carrots	
Fresh Celery	Baked Sweet Potatoes	Assorted Fresh Vegetable	Assorted Fresh Vegetable	
Ham & Cheese Sandwich	Egg Salad Sandwich		Fresh Apple Slices	
Egg Salad on Greens	Crispy Chicken Salad	Chicken Caesar Salad		

Conrad

6	7	8	9	10
Buffalo Chicken Cheese Steak	Turkey Bacon Cheeseburger	Cheese Steak Sandwich	Jalapeno Grilled Cheese	
Savory Carrots	Steamed Broccoli OR Oven Fries	Italian Green Beans	Tomato Soup	
Pears	Applesauce Cup	Mixed Fruit	Fresh Apple Slices	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Broccoli & Cherry Tomatoes	Fresh Carrots & Cucumbers	Fresh Carrots & Sriracha Hummus	Fresh Carrots & Celery Sticks	
Turkey & Cheese Syb	Italian Sub	Ham & Cheese Sub	Turkey & Cheese Sub	
Crispy Chicken Salad	Chicken Caesar Salad	Buffalo Chicken Salad	Crispy Chicken Salad	

Cooke					
	6	7	8	9 10	
BBQ Chicken with Dinner Roll	Turkey Bacon Cheeseburger	Chicken Poppers with Dinner Roll	Vendor Pizza		
Sauteed Spinach	Oven Fries	Corn	Glazed Carrots		
Mixed Fruit	Applesauce Cup	Pears	Mixed Fruit		
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT		
Carrot Sticks	Fresh Celery Sticks	Red & Yellow Peppers with Hummus	Assorted Fresh Vegetables		

Dickinson

6	7	8	9	10
MEATBALL SANDWICH	Hot Dog on Roll	Turkey Bacon Cheeseburger	Assorted Deli Subs	
	with Goldfish Crackers			
Steamed Broccoli	Green Beans	Steamed Peas or Spinach	Lettuce & Tomato	
Applesauce Cup	Peaches	Mixed Fruit	Applesauce Cup	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Carrots	Cucumbers & Tomatoes	Fresh Celery	Carrots	
Assorted Subs/ Sandwiches	Assorted Subs/ Sandwiches	Assorted Subs/ Sandwiches	Assorted Subs/ Sandwiches	
Assorted Salads	Assorted Salads	Assorted Salads	Assorted Salads	

Forest Oak

6	7	8	9	10
Cheeseburger on Bun	Mozzarella Sticks	Chicken Chili with Brown Rice	Season's Pizza	
Baked Beans	Oriental Blend	Baked Fries	Side Salad	
Pears	Peaches	Mixed Fruit	Bagged Apples	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Celery Sticks/Cucumber	Carrot sticks	Chipolte Black Beam	Assorted Raw Vegetables	
Tuna Fish on Croissant	Turkey Club Sandwich	Ham and Cheese	Deli sub/sandwich	
Chicken Ceasar	Buffalo Chicken Salad	Crispy Chicken Salad	BLT Salad	

H.B. DuPont

6	7	8	9	10
Cheeseburger <u>or</u> Hot Dog on Bun	BBQ Chicken Cheesesteak	Ravioli with Marinara Sauce	Assorted Deli Subs & Sandwiches	
Baked Beans OR Oven Fries	Steamed Carrots	Sauteed Spinach	Chipotle Black Bean Salad	
Applesauce Cup	Pears	Peaches	Applesauce Cup	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
Ham & Cheese Sandwich	Turkey & Cheese Sandwich	Tuna Salad Sandwich	Assorted Deli Sandwiches	
Assorted Chef Salads	Assorted Chef Salads	Assorted Chef Salads	Assorted Chef Salads	

Heritage

6	7	8	9	10
Sloppy Joe OR Meatballs on Roll	Chicken Patty OR Grilled Sandwich	Fish Sticks with Roll OR Mozzarella	Assorted Pizza Slice	
	on Roll	Sticks		
Sweet Potatoes	Steamed Broccoli	Steamed Corn	Steamed Carrots	
Apple Sauce Cups	Peaches	Pears	Apple Sauce Cups	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Assorted Raw Veggies	Assorted Raw Veggies w/Hummus	Assorted Raw Veggies	Assorted Raw Veggies	
Chicken Salad Sandwich	BLT Sandwich	Italian Sub	Assoreted Deli Sandwich	
Chicken Ceasar Salad	Buffalo Chicken Salad	BLT Chicken Salad	Crispy Chicken Salad	

Highlands

6	7	8	9	10
Vendor Pizza	Cheesesteak Sandwich	Meatball Sandwich on Roll	Assorted Deli Sandwiches	
	Steamed Broccoli	French Fries	Tossed Salad With ChicK Peas	
Bagged Apple Slices	Pears	Appkesauce	Mixed Fruit	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Carrot Sticks	Celery Sticks	Cherry Tomatoes and Cucumber	Assorted Raw Veggie	
	Egg Salad Sandwich	BLT Sandwich		
Field Day Today	Chicken Caesar Salad	Buffalo Chicken Salad	Assorted Chef Salads	

Lewis

6	7	8	9	10
Meatball Parmesan Sub	BBQ Chicken Sandwich	Cheeseburger on Bun	Vendor Pizza	
Steamed Broccoli	Savory Carrots	Oven Fries	Tossed Salad with Chick Peas	
Mixed Fruit	Pears	Pineapple & Mandarins	Applesauce	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Tomatoes & Cucumbers	Fresh Celery Sticks	Cucumbers & Cherrt Tomatoes	Fresh Carrot Sticks	
Tuna Salad Sandwich	Hot Dog on Roll	BLT Sandwich	Assorted Deli Subs & Sandwiches	
Chicken Caesar Salad	BLT Chicken Salad	Buffalo Chicken Salad	Assorted Chef Salads	

Marbrook

6	7	8	9	10
Cheeseburger on Bun	Breaded Chicken with Roll	Cheese Steak Sandwich	Nacho Supreme OR Chicken Chili	
			Tostitos Chips	
Oven Fries	Baked Sweet Potatoes	Green Beans	Savory Carrots	
Strawberry Cup	Pears	Mixed Fruit	Assorted Cupped Fruit	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Carrot Sticks	Chipotle Black Bean Salad	Red & Green Peppers	Assorted Raw Vegetables	
BLT Sandwich	Ham & Cheese Sandwich	Turkey & Cheese Sandwich	Assorted Deli Sandwich	
Chicken Caesar Salad	Buffalo Chicken Salad	Crispy Chicken Salad	Assorted Chef Salad	

McKean

6	7	8	9	10
Turkey & Cheese Sub				
Ham & Cheese Sub				
Jamwich Pack	Jamwich Pack	Jamwich Pack	Jamwich Pack	
Apple Slices & Assorted Fresh Fruit				
Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots	
Fresh Broccoli / Peppers	Fresh Broccoli / Cucumbers	Corn & Tomato Salad	Assorted Bean Salad	

Meadowood

6	7	8	9	10
Sausage, Egg, and Cheese on a	Mini Cheese Calzones	Chicken Chili	Pizza Slice	
Croissant		RF Tostito Chips		
1/4 cup Oven Fries	1/4 cup steamed Carrots	1/4 cup steamed peas	Side Salad with beans	
1/4 cup pears	1/4 cup Peaches	1/4 cup Mixed Fruit	Bagged Apples	
8 oz milk	8 oz milk	8 oz milk	8 oz milk	

^{*}MTP will get adult portion of these items & additional fruits & vegetables

Mote

6	7	8	9	10
Waffle Sticks with Sausage	BBQ Chicken Cheese Steak	Cheeseburger or Hot Dog on Bun	Assorted Deli Subs & Sandwiches	
Baked Sweet Potatoes	Steamed Peas & Carrots	Baked Beans	Steamed Broccoli	
Applesauce Cup	Peaches	Pears	Applesauce Cup	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Assorted Raw Vegetables	Assorted Raw Vegetables	Fresh Baby Carrots	Assorted Bean Salad	
Turkey & Cheese Sandwich	Ham & Cheese Sandwich	Tuna Sandwich	Assorted Sandwiches	
Assorted Chef Salad	Assorted Chef Salad	Assorted Chef Salad	Assorted Chef Salad	

North Star

6	7	8	9	10
Cheeseburger on Bun	Fish Nuggets with Roll	Meatball Sandwich on Roll	Assorted Pizza Slice OR	
			Pretzel Dog	
Baked Beans	Normandy Blend Vegetables	Malibu Blend Vegetables	Peas & Corn or Fresh Side Salad	
Mixed Fruit	Applesauce Cups	Peaches	Pears	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Carrots	Cucumbers & Tomtoes	Fresh Celery Sticks	Red & Yellow Peppers	
Ham & Cheese Sandwich	Egg Salad Sandwich	Italian Sub	Assorted Deli Sandwiches	
Turkey Chef Salad	Ham & Cheese Chef Salad	Turkey Sandwich		

Richardonson Park

6	7	8	9	10
Cheeseburger on Bun	Grilled Cheese	Eggs in a Basket	Season's Pizza	
Baked Beans	Tomato Soup	French Fries	Side Salad	
Pears	Peaches	Mixed Fruit	Bagged Apples	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Celery Sticks/Cucumber	Carrot sticks	Chipolte Black Beam	Assorted Raw Vegetables	
Tuna Fish on Croissant	Turkey Club Sandwich	Ham and Cheese	Deli sub/sandwich	
Chicken Ceasar	Buffalo Chicken Salad	Crispy Chicken Salad	BLT Salad	

Richey

6	7	8	9	10
Cheeseburger on Bun	Breaded Chicken	Cheese Steak Sandwich	Cheeseburger Helper with Roll	
Oven Fries	Sweet Potatoes	Green Beans	Savory Carrots	
Strawberry Cups	Pears	Mixed Fruit	Assorted Cupped Fruit	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Carrot Sticks	Chipotle Black Bean Salad	Red & Green Peppers	Assorted Raw Vegetables	
BLT Sandwich	Ham & Cheese Sandwich	Turkey & Cheese Sandwich	Assorted Deli Sandwich	
Chicken Caesar salad	Buffalo Chicken Salad	Crispy Chicken Salad	Assorted Chef Salads	

Shortlidge

6	7	8	9	10
Cheeseburger on Bun	Chicken Cheese Steak	Meatball Sandwich	Vendor Pizza	
Oven Fries	Glazed Carrots	Steamed Broccoli	Steamed Corn	
Mixed Fruit	Peaches	Pears	Applesauce Cups	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
cucumbers & celery	carrots & red peppers	Tuscan Bean Salad	Assorted Raw Veggies	
Tuna Salad Sandwich	Ham & Cheese Sandwich	Turkey club	Deli Sub	
Chicken Ceasar Salad	Chicken Salad	Buffalo Chicken Salad	Chef's Salad	

Skyline

6	7	8	9	10
Sloppy Joe Sandwich	Chicken Patty on Roll OR	Mozzarella Sticks OR Calzones	Assorted Pizza Slice	
Meatball Sub	Grilled Chicken Sandwich			
Sweet Potatoes	Steamed Broccoli	Corn	Steamed Carrots	
Apple Sauce Cups	Peaches	Pears	Apple Sauce Cups	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Assorted Raw Veggies	Chipolte Black Bean Salad	Assorted Raw Veggies	Assorted Raw Veggies	
Chicken Salad Sandwich	BLT Sandwich	Italian Sub	Assorted Deli Sandwich	
Chicken Ceasar Salad	Buffalo Chicken Salad	BLT Chicken Salad	Crrispy Chicken Salad	

Stanton

	6 7	8	9	10
Cheeseburger on Bun	Cheesesteak Sandwich	Grilled Cheese with Crackers	Assorted Deli Subs	
Baked Beans OR French Fries	Baked Sweet Potatoes	Tomato Soup	Fresh Broccoli Salad	
Pineapple Chunks	Fresh Fruit Combo	Mixed Fruit	Canned Fruit	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Broccoli & Carrots	Fresh Yellow & Red Peppers	Fresh Cucumbers & Celery	Assorted Fresh Veggies	
Tuna Sandwich	Turkey Club Sandwich	Ham and Cheese Sandwich		
Chicken Caeser Salad	Buffalo Chicken Salad	Greek Salad w/Chicken	Chef Salad	

Warner

6	7	8	9	10
Cheeseburger on Bun	Chicken Cheese Steak	Meatball Sandwich	Vendor Pizza	
Oven Fries	Glazed Carrots	Steamed Broccoli	Steamed Corn	
Mixed Fruit	Peaches	Pears	Applesauce Cups	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Fresh Cucumbers & Celery	Fresh Carrots & Red Peppers	Tuscan Bean Salad	Assorted Raw Veggies	
Tuna Salad Sandwich	Ham & Cheese Sandwich	Turkey club	Deli Sub	
Chicken Ceasar Salad	Chicken Salad	Buffalo Chicken Salad	Chef's Salad	

Wilmington Campus

6	7	8	9	10
Meatball Sub Sandwich	BBQ Chicken Sandwich	Sweet & Sour Meatballs with Rice	Vendor Pizza	
Chicken Poppers with Biscuit	Chicken Poppers with Biscuit	Assorted Pizza Slices	Assorted Deli Subs	
Pears	Green Beans OR Baked Beans	Steamed Peas	Sauteed Spinach	
Fresh Carrots	Mixed Fruit	Pineapple & Mandarins	Applesauce Cup	
ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	ASSORTED FRESH FRUIT	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
Assorted Deli Subs & Sandwiches	Assorted Deli Subs & Sandwiches	Assorted Deli Subs & Sandwiches	Assorted Deli Subs & Sandwiches	
Assorted Salads	Assorted Salads	Assorted Salads	Assorted Salads	