



Red Clay School Nutrition Services

1798 Limestone Rd.

Wilmington, DE 19808

(302)-992-5580

Dear Parent or Guardian:

This letter explains the attached physician form and procedures for obtaining a physician signed Food Allergy Action Plan.

If your student attends Red Clay School District and has a food or non-food allergy, you will need to have a physician complete and sign the attached *PREVENTION & EMERGENCY RESPONSE PLAN FOR STUDENTS WITH ALLERGIES* form. This form provides space for detailed information on the following: The type of allergy (food and non-food), reaction(s) to the specified allergen(s), what type of contact causes the allergic reaction(s), and an action plan for nurses, teachers, and district staff to administer during an allergic reaction. Students with severe, life-threatening allergies who wish to eat school lunch from the cafeteria will most likely require an individualized allergen-free menu from the Nutrition Department.

If your child has a non-severe allergy to a food or non-food item, as defined by a physician, there is a separate section for the physician to fill in those types of allergies, reactions, and treatments as well. These types of food allergies will be handled on a case-by-case basis with the nutrition department and may not warrant an individualized allergen-free menu for your student.

Please take this form to your doctor and have them fill it out in its entirety and make sure that **both** you and the doctor sign the bottom of the form. Once this form is returned to the nurse she will put it on file for your student and send a copy to the Nutrition Department if your child is eating School Meals and requires an allergen-free individualized meal plan. If this form is not completed and you mark your student as having an allergy on the student data card, he or she will be given a standard allergen-free meal at breakfast and lunch for their own safety until further documentation is received.

Sincerely,

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