Breakfast in the Classroom

Breakfast is critical to childhood learning and health, yet many students start the school day hungry. In 2009, 17.2 million children (more than one in four of all children) lived in households that struggled with hunger. (U. S. Department of Agriculture)

The Need:

Currently, most of our schools in Putnam County serve 20-50% of their student body with the traditional breakfast meal. Once the breakfast in the classroom program is implemented we are able to serve +85% of the students a breakfast meal.

The Many Benefits:


- **Survey completed by the Food and Research Action Center 276 Principals from 15 school districts surveyed that operate Breakfast in the Classroom programs.** Findings:
  -87% said they would encourage others to participate in the program
  -85% increase in breakfast participation
  -61% fewer reports of student hunger
  -40% report fewer students being tardy
  -37% report increase in student attentiveness
  -34% improved school and 35% improved classroom environment

- **Teachers receive free breakfast daily too!**

- **Student Rosters include any special instructions or food allergies for the teacher to be aware of and make the necessary substitutions.**