





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Break- fast	Mini-Pancakes 10 OR Cereal w/Cheese Stick	Skillet Frittata Wrap 11 OR Cereal w/Cheese Stick	Pancake Sandwich 12 OR Cereal w/Cheese Stick	Ham & Cheese Croissant 13 OR Cereal w/Cheese Stick	Pancake Puppy 14 OR Cereal w/Cheese Stick
	Chilled Apple Juice	Chilled Orange Juice	Blended Fruit Juice	Fresh Orange Wedges	Fresh Banana
Lunch	OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	Chicken, Turkey Pepperoni & Cheese Sub OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread
	Baby Carrots w/Dip Frozen Fruit Juice Cup	Carrots & Celery w/Dip Fresh Apple	Celery Sticks & Grape Tomatoes w/Dip Melon	Raw Vegetables w/ Dip Chilled Applesauce	Baby Carrots & Broccoli w/Dip Nectarine
Break- fast	Mini-Pancakes OR Cereal w/Cheese Stick Chilled Apple Juice	Skillet Frittata Wrap OR Cereal w/Cheese Stick Chilled Orange Juice	Pancake Sandwich OR Cereal w/Cheese Stick Blended Fruit Juice	Ham & Cheese Croissant 20 OR Cereal w/Cheese Stick Fresh Orange Wedges	Pancake Puppy 21 OR Cereal w/Cheese Stick Fresh Banana
Lunch	OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	Beef & Cheese Taco Stick OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	Pizza Sticks w/Dipping Sauce OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread	Chicken, Turkey Pepperoni & Cheese Sub OR SunWise Sandwich & Cheese Crackers OR Yogurt w/Fruit Bread
	Baby Carrots w/Dip Frozen Fruit Juice Cup	Carrots & Celery w/Dip Fresh Apple	Celery Sticks & Grape Tomatoes w/Dip Melon	Raw Vegetables w/Dip Chilled Mixed Fruit	Baby Carrots & Broccoli w/Dip Nectarine

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Break- fast	Mini-Pancakes 24 OR	Skillet Frittata Wrap 25 OR	Pancake Sandwich 26 OR	Ham & Cheese Croissant 27 OR	Pancake Puppy 28 OR
	Cereal w/Cheese Stick	Cereal w/Cheese Stick	Cereal w/Cheese Stick	Cereal w/Cheese Stick	Cereal w/Cheese Stick
	Chilled Apple Juice	Chilled Orange Juice	Blended Fruit Juice	Fresh Orange Wedges	Fresh Banana
Lunch Pick 1	Personal Pan Cheese Pizza	BBQ Beef Rib Sandwich	Beef & Cheese Taco Stick	Pizza Sticks w/Dipping Sauce	Chicken, Turkey Pepperoni & Cheese Sub
Entrée	OR	OR	OR	OR	OR
	SunWise Sandwich &	SunWise Sandwich &	SunWise Sandwich &	SunWise Sandwich &	SunWise Sandwich &
	Cheese Crackers	Cheese Crackers	Cheese Crackers	Cheese Crackers	Cheese Crackers
	OR	OR	OR	OR	OR
	Yogurt w/Fruit Bread	Yogurt w/Fruit Bread	Yogurt w/Fruit Bread	Yogurt w/Fruit Bread	Yogurt w/Fruit Bread
	Baby Carrots w/Dip Frozen Fruit Juice Cup	Carrots & Celery w/Dip Fresh Apple	Celery Sticks & Grape Tomatoes w/Dip Melon	Raw Vegetables w/Dip Chilled Applesauce	Baby Carrots & Broccoli w/Dip Nectarine

ALL BREAKFASTS INCLUDE a CHOICE of SKIM or LOW FAT MILK.

ALL LUNCHES INCLUDE a CHOICE of SKIM, LOW FAT, or CHOCOLATE.







