

Pumpkin Dip

Ingredients:

8 ounces Pumpkin, canned
4 ounces Low-Fat Cream Cheese
6 ounces Nonfat Vanilla Yogurt
½ tsp Pumpkin Pie Spice
24 Ginger Snaps

Directions:

1. Mix pumpkin, cream cheese, yogurt and pumpkin pie spice together in a medium bowl.
2. Serve immediately with ginger snap cookies or refrigerate to save for later.

