



Prince William County
PUBLIC SCHOOLS
Providing A World-Class Education

August 2017

Dear Parent or Guardian,

The dietary substitution in Prince William County Schools for a milk allergy is soy milk, as the non-dairy beverage offered as a fluid milk substitute must be nutritionally equivalent to fluid milk in calcium, protein, vitamins A and D, magnesium, phosphorus, potassium, riboflavin and vitamin B-12. In order to obtain this substitution for a child, a diet order from a physician is required. The order from a physician, for a disabling condition, must answer a series of questions in order to be implemented by the school.

The diet order must:

- Identify the disability,
- Explain why the disability restricts the child's diet,
- Address the major life activity affected by the disability, and
- List the food or foods to be omitted from the child's diet and the food or choice of foods that must be substituted.

When a child has a disabling allergy to milk, diet orders typically will include all potential sources of milk in the student's diet, not just fluid milk. (i.e. cheese and milk by-products such as casein/whey) If this is not necessary, please have the physician make this note. If your child is unable to drink soy milk and requires a different substitute that needs to be defined as well.

Please provide an updated physician's diet order to Food Services as soon as possible.

If you have questions or need any further explanation regarding this letter, please contact our office.

Sincerely,

Adam Russo
Director
School Food and Nutrition Services

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This institution is an equal opportunity provider.

Adam Russo
Director, School Food and Nutrition Services