

Harvest Romaine Salad



1 Apple, diced
1 Pear, diced
1 head Romaine Lettuce
½ cup Cranberries

Dressing for Harvest Salad
¼ cup + 2 Tbsp White Sugar
¼ cup + 2 Tbsp Lemon Juice
¼ tsp Salt
2 tsp Poppy Seeds
¼ cup Vegetable Oil

1. Dice Apple and Pear.
2. Chop Romaine Lettuce.
3. Mix lettuce, diced apple & pear and cranberries.
4. Add dressing just prior to serving.

Yield: 10 servings

Compliments of Prince William County School Food & Nutrition Services