

Local Asparagus

Asparagus is quite a unique vegetable. Not only does it have an interesting stalky look with a vibrant green and purple color, but it also requires certain farming techniques to properly grow. Asparagus is a perennial. A perennial is a plant that comes back and regrows every season. Asparagus takes three seasons of growing before it is mature enough to harvest, and it can last for 15 years or more. Once the top of the plant starts to open, it is too late to harvest it for food because it will be too tough to eat. If the asparagus spears are not harvested, they will grow into tall bush-like ferns.

Asparagus is ready for harvest in the spring, so Prince William County Schools will be serving it for lunch in May. This year's local asparagus is coming to you straight from Level Green Farm in Montross, Virginia! Ask your cafeteria server for a sample if you've never tried it before!

