

New This Year: Make Your Own (MYO) Chef Salads!

Nutritious, convenient, affordable and customizable... Our Make Your Own Chef Salad lunch option is new this year at elementary and middle schools!

A MYO Chef Salad lunch includes the following:

- Unlimited vegetables from our self-serve cold bar
- ½ cup of fruit for elementary students and 1 cup of fruit for middle students and adults
- Lean protein: 1 protein choice from the hotline OR 2 protein choices from the coldline
 - Hotline options include: chicken fajitas, chicken tenders, chili, crispy chicken, popcorn chicken, pulled pork, spicy beef, tuna salad and MORE!
 - Coldline options include: diced chicken, egg, ham, turkey, mozzarella cheese, cheddar cheese and roasted chick peas
- A piece of our homemade bread or sliced fruit bread
- Your choice of milk
- Your choice of salad dressing

Sound delicious? Come join us for lunch!

We look forward to serving you!

Contact School Food and Nutrition Services with comments or questions at 703.791.7314.

