

## **CHOCOLATE DIP FOR FRUIT KABOBS (8 SERVINGS)**

1 ½ CUP LOW FAT SOUR CREAM

½ CUP PLAIN, LOW FAT YOGURT

4 OZ. BROWN SUGAR

½ TABLESPOON + ½ TEASPOON VANILLA

3 TABLESPOONS COCOA POWDER

MIX ALL INGREDIENTS TOGETHER. SERVE CHILLED.

USE AS A FRESH FRUIT DIP FOR PINEAPPLE, STRAWBERRIES,  
CANTALOUPE AND HONEYDEW.

