

Bean & Corn Salad

Ingredients:

- 1 (15 oz can) Black Beans, rinsed & drained
- 1 (15 oz can) Yellow Corn, rinsed & drained
- 1 (15 oz can) White Corn, rinsed & drained
- 1 California Avocado, diced
- 1 $\frac{3}{4}$ c Red & Orange Bell Peppers, diced
- $\frac{1}{2}$ c Red Onion, diced
- $\frac{1}{3}$ c Extra Virgin Olive Oil
- 2 tbsp Lime Juice
- 1 tbsp Minced Garlic
- $\frac{1}{4}$ tsp Salt
- $\frac{1}{4}$ tsp Black Pepper
- $\frac{1}{2}$ c Cilantro



Directions:

Combine all ingredients, cover and refrigerate.

Best served chilled.

Time Saver: Put canned vegetables in refrigerator in advance.

16 $\frac{1}{2}$ cup servings

Compliments of Prince William County School Food & Nutrition Services