

Banana Pudding in a Bag

Serves 1

Ingredients:

1 Banana
6 tsp Sweetened Applesauce
2 tbsp Vanilla Yogurt
1 sheet Graham Cracker or $\frac{1}{4}$ c Granola

Directions:

1. Peel banana.
2. Place all ingredients in a quart sized sealable plastic bag and squeeze out the air.
3. Squish to mix all ingredients together.
4. Cut a small hole in bottom corner of bag. Squeeze pudding into serving cup.

