

**POWAY UNIFIED SCHOOL DISTRICT  
FOOD AND NUTRITION DEPARTMENT**



**UPDATE**



**FREE GRAB-AND-GO MEALS  
BREAKFAST AND LUNCH\*  
AT SELECTED SCHOOL SITES  
(MONDAY – FRIDAY)**

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Breakfast and Lunch Distribution  
7:00 AM TO 8:30 AM

Breakfast and Lunch Distribution  
11:00 AM TO 1:00 PM

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Curbside Meal Service – Walk Ins Welcome

\* Available for all students enrolled in PUSD and any PUSD  
Transition student up to age 22

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**NOTE:** Only one breakfast and lunch meal per eligible student per school day.

No ID is required for PUSD students. Parents are encouraged to bring their child with them to pick up meals. Parents may pick up meals without a child but must present one of the following items: Student ID number, student ID card, or an official letter/email from the school listing the child enrolled at a PUSD campus.

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**Meals will be available at these school sites**

- Del Norte High School (16601 Nighthawk Lane, San Diego, CA 92127)
- Los Penasquitos Elementary School (14125 Cuca St., San Diego CA 92129)
- Meadowbrook Middle School (12320 Meadowbrook Lane, Poway, CA 92064)
- Midland Elementary School (13910 Midland Road, Poway, CA 92064)
- Mt. Carmel High School (9550 Carmel Mountain Road, San Diego, CA 92129)
- Pomerado Elementary School (12321 Ninth Street, Poway CA 92064)
- Poway High School (5500 Espola Rd, Poway, CA 92064)
- Rancho Bernardo High School (13010 Paseo Lucido, San Diego CA 92128)
- Turtleback Elementary School (15855 Turtleback Road, San Diego CA 92127)
- Twin Peaks Middle School (14640 Tierra Bonita Road, Poway, CA 92064)
- Valley Elementary School (13000 Bowron Rd, Poway, CA 92064)
- Westview High School (13500 Camino Del Sur, San Diego, CA 92129)