

**POWAY UNIFIED SCHOOL DISTRICT
BOARD POLICY**

Originator: Assoc. Superintendent, BSS

Issue No: 10

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ARTICLE: 6.0 BUSINESS SUPPORT SERVICES

6.60 FOOD AND NUTRITION

Reference: EC 38084, 49565-49568.8;
42 USC 1751-1791;
7 CFR 210.12;
5 CCR 15566-15568;
CalCode 113700-114437

SECTION 6.60 FOOD AND NUTRITION PROGRAM

The Board of Education recognizes that students need adequate, nourishing food in order to grow, learn, and maintain good health. The Board shall provide for a complete food and nutrition program as the needs of the students and the financial capacity of the District permit. The Board recognizes that the breakfast and lunch programs are an important complement to the nutritional responsibilities of parents/guardians. Accordingly, foods and beverages available through the District's food and nutrition program shall be:

1. Carefully selected so as to contribute to students' nutritional well-being and the prevention of disease.
2. Planned to meet or exceed nutritional standards specified in law and administrative procedures. (42 USC 1751-1791)
3. Prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits.
4. Served in age-appropriate portions and sold at reasonable prices. (EC 38084)

The District's food and nutrition program shall give priority to serving nutritious food items and fresh fruits and vegetables that are not deep-fried. (EC 49565-49565.8)

The Superintendent, or designee, shall develop strategies designed to encourage the participation of students and parents/guardians in the selection of foods of good nutritional quality for school menus. (7 CFR 210.12)

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs and allow students sufficient time to eat, relax, and socialize.