

Boone Grove High School

FALL SEMESTER 2017 CYCLE MENU

Student Meal Deal Lunch / Milk = \$2.35 Second Lunch / Milk= \$2.65 Extra Milk= .50
Student Breakfast / Milk= \$1.20 Reduced Breakfast / Milk= \$0.00 Reduced Lunch / Milk = .50

FRESH FRUIT, FRESH VEGETABLES & MILK CHOICES SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Orange Week Baked Chicken Nuggets or Chicken Fried Chicken Mashed Potatoes/ Gravy Dinner Roll Seasoned Green Beans Fresh Fruit	Chicken Fajita or Baked Taco Wedges Salsa Refried Beans Spanish Rice Mixed Fruit Cocktail	Pizza Crunchers or Sliced Pizza Potato Wedges Fresh Garden Bar Fresh Carrots & Celery Fresh Fruit	Cheese Burger or Polish Sausage on Bun Seasoned Green Beans Baked Fries Chilled Applesauce	Italian Beef Sand. or BBQ Rib Sandwich Baked Fries Fresh Carrots & Celery Fresh Garden Bar Assorted Fruit Birthday Club Snack
Green Week Mashed Potato Bowl (mashed potatoes/gravy popcorn chicken, corn) Dinner Roll Fresh Carrots & Celery Fresh Fruit	Soft Shelled Tacos (lettuce,salsa,cheese) Refried Beans Spanish Rice Seasoned Sweet Corn Chilled fruit	Chicken Parmesan/sauce Toasted Garlic Bread Seasoned Peas / Carrots Fresh Garden Bar Fresh Carrots & Celery Chilled Peaches	Hot Dog on Bun or Macaroni -n- Cheese Tater Tots Baked Beans Chilled Applesauce	Pizza Hut Pizza Fresh Garden Bar Cherry Tomatoes Assorted Fruit
Blue Week Baked Chicken Patty or Spicy Chicken Patty W/G Bun Tater Tots Seasoned Sweet Corn Fresh Fruit	Enchiladas with Rice, Black Beans, Corn, Cheese, Sour Cream, Salsa or Managers Special Fresh Carrots & Celery Chilled Applesauce	Ravioli W/G Roll or Kielbasa Past with Rotel California Blend Veggies Fresh Garden Bar Assorted Fruit	French Toast Sticks or Waffle Madness Sausage Patty Hash Brown Potato Fresh Carrots & Celery Assorted Fruit Juice	Chicken Cordon Bleu or Sub. Sand. Onion Rings Fresh Garden Bar Cherry Tomatoes Assorted Fruit Cookie
Red Week Appetizer Basket or Managers Special Baked Fries Fresh Carrots & Celery Assorted Fruit Juice	Nacho Supreme or Cheese Quesadilla Spanish Rice Seasoned Sweet Corn Fresh Garden Bar Mixed Fruit Cocktail	Rotini w/Meat sauce & Breadstick or Bosco Sticks/ Marina Steamed Broccoli Chilled Peaches	American Hamburger or Pork Tenderloin W/G Bun Baked Beans Baked Onion Rings Cherry Tomatoes Chilled Applesauce	DOMINO'S PIZZA Fresh Garden Bar Cherry Tomatoes Assorted Fruit

FOOD SERVICE OFFICE:

Jessica Holmquest, Director
 260 S. 500 W. Valparaiso, IN 46385

LOFS 306-8600
 Valpo 476-3455
 Hebron 507-0510
 Ext. 2141

BGHS Café:
 Tonia Batesole
 Manager

LOFS 306-8600
 Valpo 476-3455
 Hebron 507-0510
 Ext. 2140



Good Habits Each Day

5 or more fruits or veggies

2 hours or less of TV

1 hour exercise

0 sugary drinks

EAT SMART, MOVE MORE

August						
Su	M	Tu	W	Th	Fri	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September						
Su	M	Tu	W	Th	Fri	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Other lunch choices served daily
 Turkev Wrap & Chef Salads

Breakfast Menu
 (1) Entrée Choice, (1 c.) Fruit or Fruit Juice, (1) Low / Fat Free Milk

Multiple items available weekly. Breakfast Pizza, Sausage Pancake Dogs, Sausage/Egg Biscuit, French toast, Biscuits & Gravy and a variety of other breakfast items. All breakfast include 100% juice or fresh fruit and milk. Limited ala cart sales.

October						
Su	M	Tu	W	Th	Fri	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November						
Su	M	Tu	W	Th	Fri	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December						
Su	M	Tu	W	Th	Fri	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

The USDA is an equal opportunity provider and employer. All menus on line at www.ptsc.k12.in.us
 Menu is subject to change without notice due to price and availability of food. Holiday and Special events menus will be added respectfully.