

# Boone Grove Middle School

## FALL SEMESTER 2017 CYCLE MENU

Student Meal Deal Lunch / Milk = \$2.35 Extra Milk= .50

Student Breakfast / Milk= \$1.20 Reduced Breakfast / Milk= \$0.00 Reduced Lunch / Milk = .50

**FRESH FRUIT, FRESH VEGETABLES & MILK CHOICES SERVED DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Orange Week</b> Baked Chicken Nuggets Mashed Potatoes/ Gravy Dinner Roll Seasoned Green Beans Fresh Fruit	Chicken Parm Sand. or Meatball Sub Sweet Potato Fries Broccoli with dip Cherry Tomatoes Assorted Fruit	French Toast Sticks Sausage Patty or Sausage wrap Hash Brown Potato Fresh Carrots & Celery Assorted Fruit Juice	American Burger Seasoned Green Beans Baked Beans Baked Fries Cucumbers / with dip Chilled Applesauce	<b>DOMINO'S PIZZA</b>  Fresh Garden Bar Cherry Tomatoes Assorted Fruit
<b>Green Week</b> Mashed Potato Bowl (mashed potatoes/gravy popcorn chicken, corn) Dinner Roll Fresh Garden Bar Fresh Fruit	Soft Shelled Tacos or Cheese Quesadilla (lettuce,salsa,cheese) Refried Beans Spanish Rice Seasoned Sweet Corn Chilled fruit	Chicken Parmesan/sauce or Pasta w/Meat sauce Toasted Garlic Bread Fresh Garden Bar Fresh Carrots Chilled Peaches	Hot Dog on Bun or Polish Sausage on Bun Tater Tots Baked Beans Cherry Tom / Celery Chilled Applesauce	<b>Birthday Club Snack</b> Macaroni -n- Cheez-it or Pork Tenderloin Baked Fries Broccoli / with dip Assorted Fruit
<b>Blue Week</b> Baked Chicken Patty or Spicy Chicken Patty W/G Bun Tater Tots Seasoned Sweet Corn Fresh Fruit	BBQ Rib Sand. or Corn Dog Sweet Potato Fries Cucumbers / with dip Chilled Applesauce	Ravioli W/G Roll or Pizza Crunchers California Blend Veggies Fresh Garden Bar Fresh Carrots Assorted Fruit	Grilled Cheese or Fish Sand. Baked Beans Baked Onion Rings Broccoli / with dip Chilled Applesauce	<b>Pizza Hut Pizza</b>  Fresh Garden Bar Cherry Tomatoes Assorted Fruit
<b>Red Week</b> Appetizer Basket or Managers Special Baked Fries Fresh Carrots Assorted Fruit Juice Cookie	Nachos with cheese or Enchiladas Refried Beans Spanish Rice Seasoned Sweet Corn Mixed Fruit Cocktail	Oriental Chicken with rice or Caesar Chicken Wrap Peas & Carrots Carrots & Celery Assorted Fruit	Pepperoni Pizza or Sausage Pizza Potato Wedges Fresh Garden Bar Fresh Fruit	Bosco Sticks/ Marina Steamed Broccoli Chilled Peaches Fresh Garden Bar

**FOOD SERVICE OFFICE:**

Jessica Holmquest,  
 Director  
 260 S. 500 W.  
 Valparaiso, IN 46385

LOFS 306-8600  
 Valpo 476-3455  
 Hebron 507-0510  
 Ext. 2141

**BGE Café:**  
 Mrs. Teresa Piccirilli  
 Manager

LOFS 306-8600  
 Valpo 476-3455  
 Hebron 507-0510  
 Ext. 3200



**Good Habits Each Day**

5 or more fruits or veggies

2 hours or less of TV

1 hour exercise

0 sugary drinks

**EAT SMART, MOVE**

August						
Su	M	Tu	W	Th	Fri	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September						
Su	M	Tu	W	Th	Fri	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**Other lunch choices served daily**  
 Turkev Wrap & Chef Salads

**Breakfast Menu**

(1) Entrée Choice, (1 c.) Fruit or Fruit Juice, (1) Low / Fat Free Milk

Monday- Mini Pancakes / Syrup  
 Tuesday- Breakfast Pizza  
 Wednesday-Pop Tart  
 Thursday-W/G Bagel / Cream Cheese  
 Friday- Sausage Pancake Dog / Syrup

October						
Su	M	Tu	W	Th	Fri	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November						
Su	M	Tu	W	Th	Fri	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December						
Su	M	Tu	W	Th	Fri	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

The USDA is an equal opportunity provider and employer. All menus on line at [www.ptsc.k12.in.us](http://www.ptsc.k12.in.us)  
 Menu is subject to change without notice due to price and availability of food. Holiday and Special events menus will be added respectfully.