

SEPTEMBER

FRESH FRUIT AND VEGETABLE
PROGRAM

POINT ISABEL ISD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
11 Strawberries	12	13 plums	14	15 CARROT STICKS
18 MANGO	19	20 Grape Tomatoes	21	22 Seckel Pears
25 WATERMELON	26	27 BABY GALA APPLES	28	29 pears