

August 12, 2009

Dear Parents and Students of Placer Union High School District;

As summer recess comes to a close, the time has come to begin thinking of the upcoming school year. To our incoming freshman we would like to welcome you to a very exciting time in your lives. To our returning students, welcome back! We hope that you had a wonderful summer and we look forward to serving you in your school café.

Over the past several years many changes have taken place in our school cafeterias, changes that offer healthy choices and more pleasant eating areas. Your High School has a beautiful food court that offers many choices daily. We use no deep fat-frying and all of our entrees are trans-fat free. The “Pastabilities” station always has fresh baked pizza and Pasta of the day. The “Grille” station provides Burgers, Chicken Sandwiches, BBQ Pork and other grill items. At the “World Market” Burritos, Enchiladas, Teriyaki Rice Bowls and Orange Chicken may be found. Freshly made cold sandwiches and salads are also available daily. In addition, you will also find a soup and salad bar at Colfax, Placer and Del Oro high schools. Milk or 8oz water bottle is included with all lunch meals. All of the lunch and breakfast meals served in the school cafe meet or exceed the USDA’s recommended daily requirements for vitamins, calcium, iron, calories and fat content.

We are very proud of our school café’s and hope that your child will have the opportunity to dine and sample the many choices available to them. To expedite your child’s dining experience, we have an on-line payment option available. This pay on-line system has proved to be user friendly and convenient for households. You may access the pay on line system from the nutrition tab at this site or at your school website. We encourage you to use this easy system of payment for your student. If you choose not to use the on line system, you or your child may bring “Cash” payments to the cafeteria where it will be placed on account. Your child will be given a PIN number that will allow access to the account. Should you like to open an account for your child, please see the cafeteria manager at your site. There are also programs available should you need financial assistance. In order to apply for these programs, the appropriate forms must be obtained from the school site or the Child Nutrition office located at 13101 Bill Francis Drive in Auburn. The applications for the 2009-2010 school year are available at the Child Nutrition office, On-line or at your school site. If further information is needed regarding the school lunch program, please do not hesitate to contact the Child Nutrition office at (530) 886-4472.

Sincerely,

Lila McAllister  
Director Nutrition Services

