

**PLACENTIA-YORBA LINDA UNIFIED SCHOOL DISTRICT
WELLNESS COMMITTEE MEETING**

Thursday, November 16, 2017
3:15-4:45 p.m.
District Education Center
Superintendent's Meeting Room

1. Welcome

The meeting was called to order at 3:21 p.m. by Richard McAlindin, PYLUSD Executive Director of Instructional Support.

2. Acceptance of Minutes

The minutes of the September 7, 2017 meeting were accepted as submitted.

3. Grant Update

Richard McAlindin reminded the committee that St. Jude has funded some great programs for PYLUSD through their grant monies. We initially intended to buy food warmers with grant funding this year, however, Nutrition Services has some funding that would allow them to purchase the warmers. This frees up grant funding for other purposes, and it was mutually decided by St. Jude representatives and PYLUSD Executive Staff to use the grant monies to install hydration stations and provide wellness liaisons at all district Title I elementary schools. The PYLUSD Board of Education approved the grant at the November 7, 2017 Board meeting.

Wellness liaisons will be invited to attend the Wellness Committee meetings and share items from the meetings with their school site staff and parents, as well as bringing input from their staffs back to the Wellness Committee.

4. Smarter Lunchroom

Suzanne Morales, PYLUSD Director of Nutrition Services, updated the committee on the Smarter Lunchroom program. The new magnets have arrived and are being utilized at the sites.

5. Healthier School Challenge

Suzanne Morales has the application information for the Healthier School Challenge and will review it. There are three levels of award: bronze, silver, and gold. Average daily participation in the meal program is one of the criteria. Food is another component of the award, but the program focuses on wellness of the whole child, so it touches on items in our District wellness policy. Participation in this challenge demonstrates the implementation of the District wellness policy. It helps to identify gaps and route resources to the school sites. Healthier kids are engaged kids, and engaged kids bring better outcomes performance-wise.

Richard McAlindin shared an overview of the program with the Title I principals and they are excited about the prospect of reaching one of the levels and being named a Healthier US School. Because the application is a lengthy process, Orange County Department of Education has offered to help the Title I principals complete the application. The application is similar to a needs assessment, so OCDE staff will help the principals identify areas where they need improvement in order to progress to each level. Title I principals will meet as a

group to receive an overview of the application process, and then OCDE staff will work site-by-site to help them complete the application. The application is an on-going process, so it may be submitted at any time. Since the St. Jude Grant calls for making progress towards the award levels, completion of the application will be one of the committee goals for this year.

6. Infographic

PYLUSD principals had an opportunity to review the infographic and made some suggestions for clarification. Suzanne Morales made changes based on their suggestions and shared the revised version with the Wellness Committee. The committee liked the changes and weighed in on some other minor revisions they would like to see.

It was suggested that the infographic be shared with PTA Council before sending it to school sites in order to bring clarity as to why we are putting this information out. The focus is to have posters printed and get the infographic into school offices.

7. Wellness Programs Implemented by Staff

Richard McAlindin distributed a handout showing different programs relating to wellness which have been implemented over the last 5 years with input from stakeholders and the Wellness Committee.

8. Mobile Dental Clinic

In conjunction with the Placentia and Newport Beach Rotary groups, the USC Dental Program and Ayuda International are providing dental care for Melrose Elementary School families on March 3, 2018. Dental students, under the guidance of licensed dentists and dental surgeons, provide triage, cleaning, extractions, fillings, and a dental education station for students and their families. The group provided these services to 160 people last year and the families loved it. This group is booked months in advance, so we are very fortunate to have them come to our district.

Improvements are needed for this year, as it requires much preparation prior to the event to generate appointments. Many more volunteers are needed to help the event run smoothly. It was suggested that we solicit high school students looking to complete community service hours to help with supervision of children who are waiting for their appointment time.

9. Water Testing

Richard McAlindin reminded the group about a state initiative regarding the concern of lead levels in drinking water and the state directive to conduct water testing. Our district is serviced by four water municipalities. We need to make sure that all four are working together at the same pace so that all district schools are testing water on the same timeline. District staff has had discussion with all four municipalities and are working out a sequential way to do the testing. The goal is to have all schools tested by the end of this school year. The law states that testing must be completed when students are present, so staff needs to find the least impactful time to do so.

The meeting was adjourned at 4:42 p.m.

The next scheduled meeting is January 18, 2018.