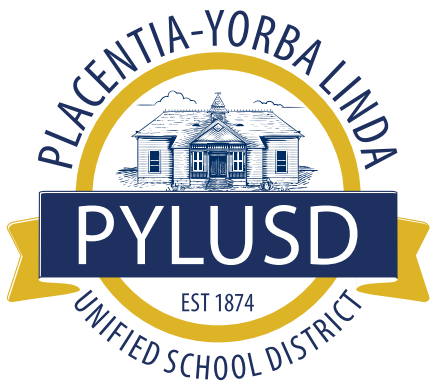


PYLUUSD Student Wellness

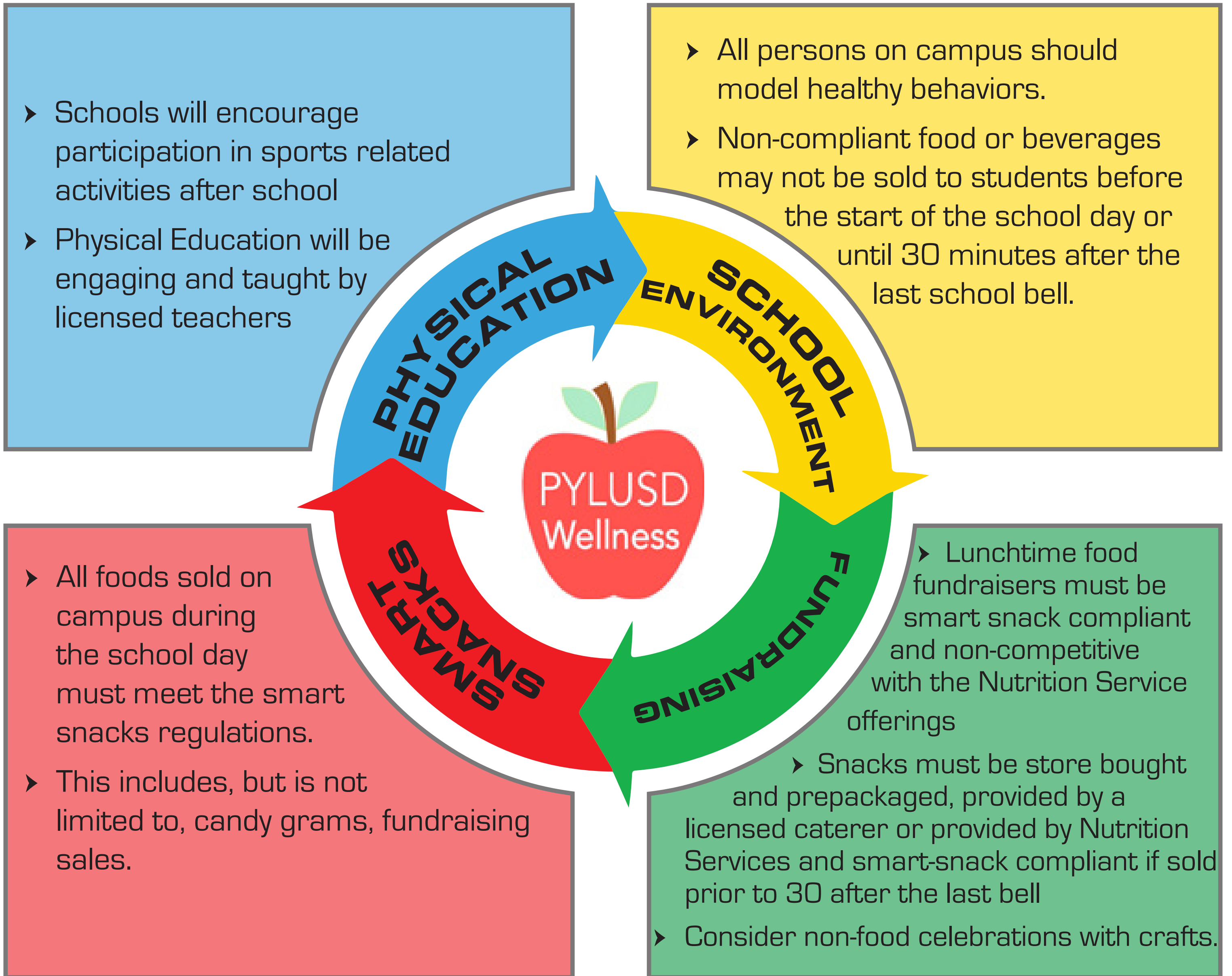


PHYSICAL EDUCATION

- Schools will encourage participation in sports related activities after school
- Physical Education will be engaging and taught by licensed teachers

SCHOOL ENVIRONMENT

- All persons on campus should model healthy behaviors.
- Non-compliant food or beverages may not be sold to students before the start of the school day or until 30 minutes after the last school bell.



SMART SNACKS

- All foods sold on campus during the school day must meet the smart snacks regulations.
- This includes, but is not limited to, candy grams, fundraising sales.

FUNDRAISING

- Lunchtime food fundraisers must be smart snack compliant and non-competitive with the Nutrition Service offerings
- Snacks must be store bought and prepackaged, provided by a licensed caterer or provided by Nutrition Services and smart-snack compliant if sold prior to 30 after the last bell
- Consider non-food celebrations with crafts.

Student Wellness = The Whole Child

- Physical Education
- Nutritious Offerings
- In Class & Out
- Food Safety
- Mental Health
- Celebrations
- Nutrition Education