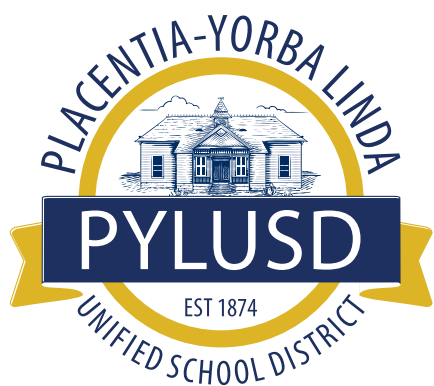


PYLUSD Student Wellness



PHYSICAL EDUCATION

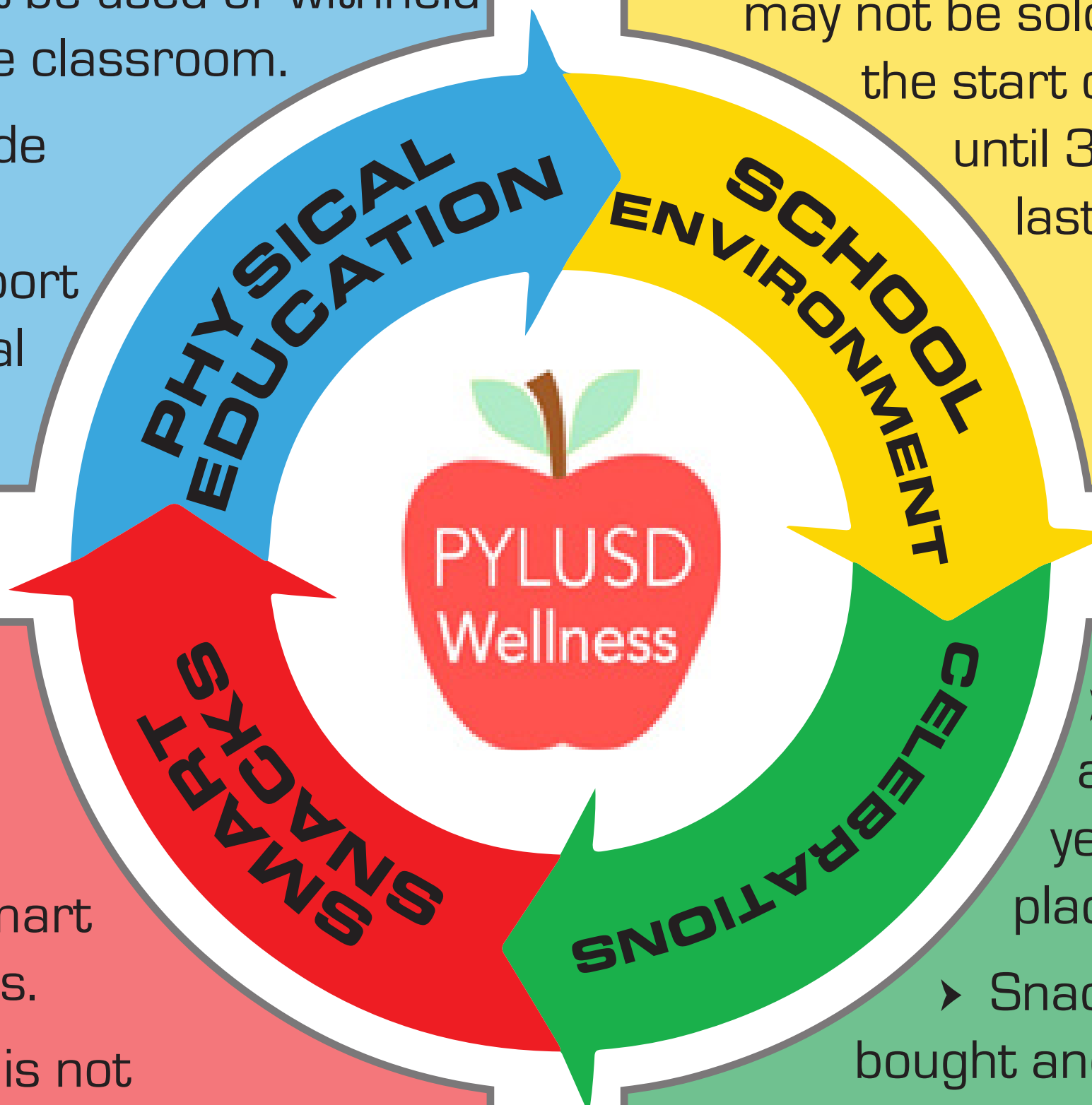
- Recess shall compliment not substitute for physical education classes.
- Recess should not be used or withheld for discipline in the classroom.
- PYLUSD will provide its teachers with resources to support classroom physical activity breaks.

SCHOOL ENVIRONMENT

- All persons on campus should model healthy behaviors.
- Non-compliant food or beverages may not be sold to students before the start of the school day or until 30 minutes after the last school bell.

- All foods sold on campus during the school day must meet the smart snacks regulations.
- This includes, but is not limited to, candy grams, fundraising and popsicle sales.
- Consider non-food fundraisers

- Parties offering food are limited to 3 per year and must take place after lunch.
- Snacks must be store bought and prepackaged, provided by a licensed caterer or provided by Nutrition Services.
- Consider non-food celebrations with crafts.



SMART SNACKS

CELEBRATIONS

Student Wellness = The Whole Child

- Physical Education
- Recess
- Nutritious Offerings
- In Class & Out
- Food Safety
- Mental Health
- Celebrations
- Nutrition Education