

Building a reimbursable meal...

Meal Pattern

Breakfast

Components

- Milk
- Fruit
- Grain
- Other

1. MUST have a fruit
2. May decline 1 component

Lunch

Components

- Milk
- Protein
- Vegetable
- Fruit
- Grain

1. MUST have a fruit OR a vegetable
2. May DECLINE 2 components

