

# PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT

## Keeping Fundraisers and Rewards Healthy

### Food Reward Ideas

- Hydrating Beverages: Water, 100% Fruit Juice, Flavored Sparkling Water
- Fresh Fruit: Whole fruit, Bagged Sliced Apples
- Baked Chips: Pirate's Booty, Baked Lay's
- Popcorn
- Cereal Bars
- Whole Grain Bagels with Cream Cheese
- 100% Fruit Juice Popsicle
- Yogurt and Fruit Parfaits

*Can be purchased through or outside of Food Services.*

### Non-Food Reward or Celebration Ideas

- Recognition certificate or public announcement
- Photo recognition board
- School Supplies
- Sports Gear
- Water Bottles
- Pajama Day
- Dance Party
- Yoga Session
- Classroom Talent Show
- Scavenger Hunt
- Movie at Lunch or Movie Night
- Early dismissal for lunch
- Reading outdoors or holding class outdoors
- Listening to music while working



### Non-Food Fundraising Ideas

- Local restaurants donate a portion of sales
- Bike-a-thon, walk-a-thon, dance-a-thon, or read-a-thon with sponsors
- Gift wrapping during the holidays
- Donate books for Book Sale
- Sell tickets to talent or variety show
- Golf tournament
- Bowling/Skate night