

BREAKFAST IN THE CLASSROOM

Palm Springs Unified





Palm Springs Unified History

- **Breakfast in the classroom-**
 - Started in August 2009 @ Agua Caliente Elementary
 - Serve 650 Breakfasts a day (prepare approx. 720)
 - 2 staff-(1 manager, 1 FSI worker)
 - Teachers get packed a meal as well (our FS dept pays for their meal)

PROCESS



- Start @ 6 AM
- Have a list of # of students per classroom by teacher's name
- Prep & prepare food in bags per classroom per count
- 1 hour-1:15 to prepare cooler bags for 720 meals

PROCESS

- Put all food in a cooler bag that is coded with teachers name and grade
- Each grade has a different color code-the teachers name is on the bag with the color code for that grade



PROCESS

- Kids pick up food @ 8:00 AM-student sets up the breakfast (saving teachers time)
- Student Rep from each class (sometimes 2)
- Start school @ 8:15 AM
- Student returns bags back to kitchen
- between 8:30-8:50 AM
- Student takes all food out & put in bins for return





Process

- Started program with cold foods only, have now added hot foods (2 days a week)
- Kids favorite breakfast items are bagel & egg burrito
- Smaller bag for hot food that attaches to the handle to keep temperature



Kitchen Comments



- Kitchen manager says-teachers love the idea-attention span, not focusing on lunch
- A little more work at first, but now 1 or 2 days ahead
- Space has been an issue-but it does fit

Delivered to the Classroom



Comments

- In the beginning...
Teachers were concerned about time in classroom...

But now they love the program

- Make sure monitor sets up food instead of teacher, so it doesn't take classroom time
- Fewer Days Tardy to Class
 - Tardies - Sept. 08 = 416
 - Tardies - Sept 09 = 240
- Beneficial to everyone



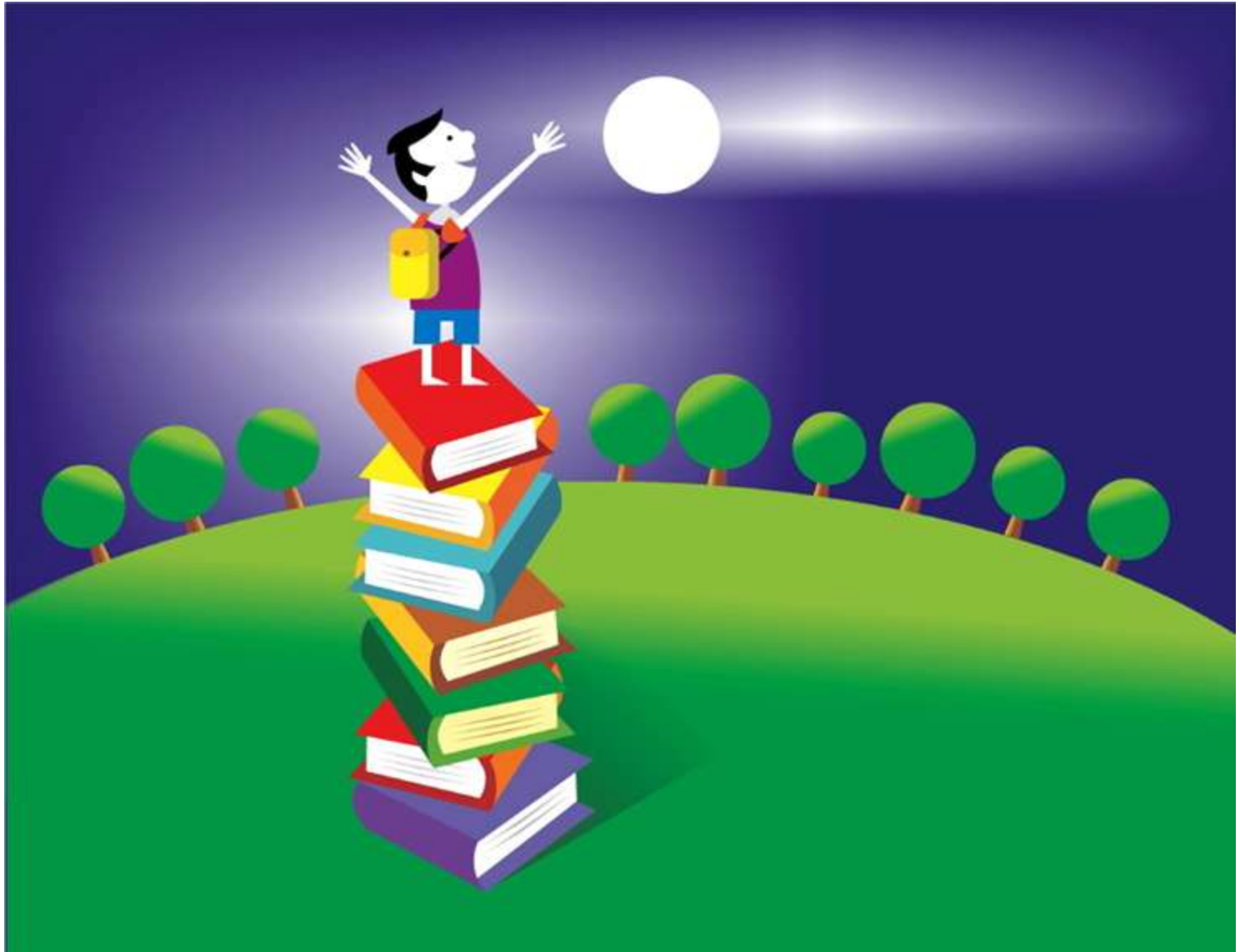
Principal's Comments

- “The Breakfast in the Classroom has been instrumental in helping our students get to school on time. Before the program started, we would have an average of about twenty five tardies a day. Now we average about five a day. The breakfast program has also helped reduce the number of students who were coming to the office complaining of stomach aches because they were hungry. In a week we used to see about two or three students a day. These types of visits have dramatically decreased. Now on an average we may have two students a week reporting tummy aches. Most of the time it is due to the flu bug. Our students have adapted well to the process. Overall, we have had good support from the teachers and parents.
- Side Note: By the way, the staff is less cranky because they have eaten a nutritious breakfast”

State Superintendent's comments

- Jack O'Connell-State Superintendent of Instruction
- Letter dated Jan. 7, 2010 to improve student nutrition and academic achievement through the school breakfast program
- Recommends Universal Classroom Breakfast to increase breakfast participation

Stories from children & teachers



Classroom Helpers



Life Lessons Learned



A healthy way to start the day!

