

Fruit Of the Month: Strawberries



Fruity Fun Facts:

- * **Strawberries are high in vitamins C and K**
- * **There are approximately 200 seeds on each Strawberry**
- * **Strawberries are the first fruit to ripen each spring**
- * **California Produces 75% of the Strawberries in the US**
- * **Only rinse them when ready to eat to avoid spoiling**

References: <https://www.countryliving.com/food-drinks/a35552/facts-about-strawberries/>

