

The Feijoa Fruit



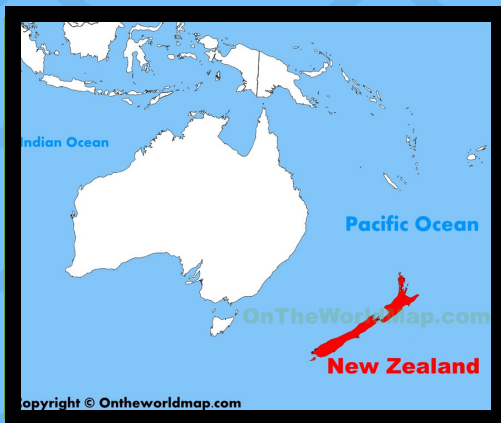
A Feijoa is a small, egg sized fruit

Pronounced: Fei -o-a

Usually eaten by cutting in half and

scooping out the pulp, like a kiwi!

Also known as Pineapple Guava



This fruit grows best in areas that are warm and experience some winter weather such as New Zealand or Brazil



Click [HERE](#) to watch a video and learn more!

The Feijoa is a great fruit to try! It is sweet like a strawberry, has a pear-like gritty texture with an added hint of mint!

Great sources of fiber and vitamin C to keep you healthy!