



Nutrition Services

January, 2019

Congratulations!

In this issue:

- Food Safety Inspections
- Child Nutrition Audit
- Nutritional Requirements for Students (Attachment)
- Assembly Bill 1884
- Wellness Survey



The following Nutrition Services Associates earned 100% compliance in **December** and **January**, on their monthly kitchen safety and sanitation inspection.

Corvallis MS, Central Kitchen, Dolland, Dulles, Foster Rd., El Camino HS, Escalona, Gardenhill, Huerta, Hutchinson MS, Johnston, La Mirada HS, La Pluma, Los Alisos MS, New River, Ramona Pre School, & Sanchez.

Benton MS, Central Kitchen, Dolland, Dulles, Eastwood, Edmondson, El Camino HS, Escalona, Foster Rd, Gardenhill, Glenn HS, Huerta, Hutchinson MS, Lampton, La Pluma, Los Alisos MS, Moffitt, Morrison, New River, Norwalk HS, Nuffer, Ramona Pre School, Sanchez, Southeast Academy, & Waite MS.

“To be well read, children must first be well fed.” Institute for Child Success

The Nutrition Services Department is a federal program, overseen by the California Department of Education. We are currently in the midst of an audit. (Yay!) They stop by to ensure we have a systemic approach to running the program in the following areas:

- ◆ Finances—allowable costs; indirect charges we pay to the District; accounts payable/receivable. They also check on the meal pricing for students and adults. *(We cannot sell food to adults using funds intended for students. All food and labor costs must be covered for an adult meal by the adult price.)*
- ◆ Meal applications; income verifications;
- ◆ Policies and procedures for anything—you name it and we have a procedure for it!
- ◆ Accurate meal counts and meal claims;
- ◆ Product formulation sheets for every food item we have in stock, along with the nutritional and food allergens;
- ◆ Menu analysis; production and inventory records;
- ◆ Training for staff and outreach to parents, just to mention a few.

And I am very happy to say that *“We’ve got this!”*

The auditors visit a few schools to ensure we are offering the required food for our breakfast, lunch and snack programs and that each student takes a reimbursable meal. They review breakfast and lunch schedules. They also look around for any other food sales outside the Nutrition Services Department and they check to see if the school site personnel adheres to Board Policy 5030. This year the following sites are being audited the week of February 4th-8th: La Mirada High School, Escalona, Edmondson, and Waite. *Good luck everyone!*





Nutrition Services

January, 2019

Please see the attachment that summarizes the food groups and portions that we are required to offer to students at the various grade levels. We administer the most legislated meals in America. We feed hundreds of students in minutes and we know their account balances and allergies!

Assembly Bill 1884

Assembly Bill (AB) 1884 was passed to reduce single-use items that contribute to marine debris and other litter. This regulation is applicable throughout the State of California, for food service business. The provisions of the new regulations do not ban or prohibit the use of single-use plastic straws/stirrers. The provisions simply prohibit food service businesses from automatically providing single-use plastic straws/stirrers to consumers.

NLMUSD is already in compliance. The Nutrition Services Department stopped using straws at the beginning of this school year, after dialogue with staff and administration at Los Coyotes. (The green school!) We continue to provide straws for our wonderful students, with special needs.

What is Going Well with the Wellness Policy

Thank you to everyone who completed the Wellness Survey. We have had 450 people respond. Great job Ms. Hua, Corvallis Wellness Representative, for sharing with your teachers and students. The survey can be found on www.yourchew.com. Here are a few of the results. Use the survey to set further goals for your school.

- *Students have enough time to eat. (83%)
- *There are two hours between breakfast (*snack*) and lunch. (85%)
- *Trash cans are kept 5 feet from where food is served or consumed. (81%)
- *More fruits and vegetables are offered at the elementary level. (61%)
- *There is less food waste in the last year. (52%)
- *Secondary schools do not sell food during the school's breakfast (*snack*) and lunch programs. (77%)
- *Secondary schools prohibit Uber Eats and DoorDash and other such companies on campus. (75%)
- *School has a Wellness Representative. (92%) *See you at the next Wellness meeting!*
- *School Site Council reviews District Wellness Policy. (70%)
- *Parents and students are made aware of the Wellness Policy. (72%)
- *All food on campus during the school day meets specified nutritional requirements. (81%)



<https://foodplanner.healthiergeneration.org/calculator/>

- *School promotes non-food fundraisers. (78%)
- *Food brought from home, to share with others, is store-bought and includes an ingredient list with allergens. (79%)
- *Classroom celebrations, which include food, are limited. (83%)
- *School promotes physical activity, beyond the mandated PE requirements. (90%)

