

High School Lunch

Weekly Menu—Fall 2020

Items marked with * contain Pork.

Items with (V) are vegetarian.

Breakfast— Cereal bars, muffins, hard boiled eggs, and cheese sticks also available daily				
Mini Confetti Pancakes	Breakfast Sandwich	Mini Bagels	Breakfast Bosco	Mini Cinnis
Hot Entrees				
Breaded Chicken Sandwich Hot Dog	Pork Rib-BQ** Grilled Chicken Sandwich Black Bean & Corn Salsa	Stuffed Crust Cheese Pizza Slice (V) Spicy Chicken Sandwich	Pepperoni Calzone Grilled Cheese Sandwich (V) Black Bean & Corn Salsa	Fish Sandwich Hamburger or Cheeseburger
Cold Sandwiches				
PBJ Uncrustable (V) Soy butter Sandwich (V) Turkey Deli Sandwich Salads and Bistro B	PBJ Uncrustable (V) Soy butter Sandwich (V) Ham Deli Sandwich	PBJ Uncrustable (V) Soy butter Sandwich (V) Buffalo Chicken Wrap	PBJ Uncrustable (V) Soy butter Sandwich (V) Turkey Deli Sandwich	PBJ Uncrustable (V) Soy butter Sandwich (V) Ham Deli Sandwich
Chef's Salad Power Bistro Box (V) Garden Bistro Box (V)	Greek Falafel Salad (V) Taco Hummus Bistro Box (V) Garden Bistro Box (V)	Asian Chicken Salad Cottage Cheese Bistro Box (V) Garden Bistro Box (V)	Buffalo Bleu Salad Hummus Bistro Box (V) Garden Bistro Box (V)	Power Bistro Box (V) Garden Bistro Box (V)

Download our app:

WEB MENUS

For daily menus

For item descriptions, calorie information, and ingredients see the monthly interactive menu at millerscafe.org

Student and staff safety is our #1 priority. We've made several changes to ensure eating with us as safe as possible: all food will be pre-wrapped, condiments and utensils provided by staff, social distancing will be maintained through the serving lines, touchless barcode scanners used, and cash and checks will not be accepted in the line—money must be loaded online at K12PaymentCenter or turned into cafeteria prior to meal service.

Menus are subject to change.

This institution is an equal opportunity provider.





Reminder: Cash payments will not be accepted in line; payments must be made in advance online at K12PaymentCenter or placed in assigned drop-box location before service.

Build a Healthy Tray

Collect 3-5 different colored dots



- Pick a lunch entrée choice:
 Hot or cold meal options made with lean protein and whole grains.
- * Pick side choices: choose:
 - 1-2 fruit choices
 - 1-2 veggie choices



* Pick a milk choice:
White, chocolate, and strawberry
1% low-fat milk, & lactose
free white milk.

Meals <u>MUST</u> include 1 fruit and/or veggie to qualify for meal pricing.

An assortment of fresh cut fruits, veggies, and side salads are served daily.