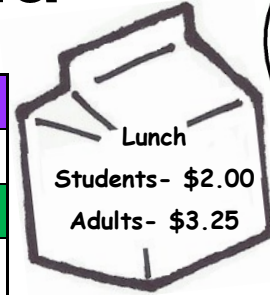




Elementary School Lunch Menu



Breakfast- cereal, muffins, hard boiled eggs, and cheese sticks available daily. Meals include fruit, juice, and milk.

Breakfast Sandwich	Biscuit & Jelly	Mini Confetti Pancakes	Sausage Pancake Bites	Mini Cinnis
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GREEN

A- Rib-BQ Sandwich** B- PBJ & Goldfish C- Ham & Cheese Sandwich Fresh Roasted Veggies	A- Nacho Supreme B- Fruit Parfait w/ Grahams C- Chicken Caesar Salad w/ Grahams Refried Beans	A- Grilled Cheese Sandwich B- PBJ & Goldfish C- Turkey Sandwich Baked French Fries	A- Chicken Poppers B- Yogurt Combo Pack C- Chef Salad w/ Cheez-its Broccoli w/ Cheese Sauce	A- Mini Corn Dogs B- Cold Build-it-Pizza C- no C choice Mashed Potatoes
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RED

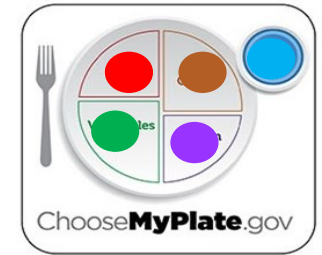
A- Sweet & Sour Chicken with White Rice B- PBJ & Goldfish C- Ham & Cheese Sandwich Fresh Cooked Carrots	A- Macaroni & Cheese B- Fruit Parfait w/ Grahams C- Chicken Caesar Salad w/ Grahams Fresh Steamed Broccoli	A- Soft Beef Taco with Fritos & Salsa B- PBJ & Goldfish C- Turkey Sandwich Refried Beans	A- Cheese Omelet with Pancake Bites B- Yogurt Combo Pack C- Chef Salad w/ Cheez-ts Hot Cinnamon Apples	A- Cheese Bosco Sticks B- Cold Build-it-Pizza C- no C choice Corn
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BLUE

A- Cheese Pizza B- PBJ & Goldfish C- Ham & Cheese Sandwich Green Beans	A- French Toast with Turkey Sausage B- Fruit Parfait w/ Grahams C- Chicken Caesar Salad w/ Grahams Potato Emoticons	A- Pasta & Meat Sauce with Garlic Toast B- PBJ & Goldfish C- Turkey Sandwich Caesar Side Salad	A- Chicken Tenders B- Yogurt Combo Pack C- Chef Salad w/ Cheez-its Sweet Potato Fries	A- All Beef Hot Dog B- Cold Build-it-Pizza C- no C choice Baked Beans**
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Build a Healthy Tray

Collect 3-5 different colored dots



- * Pick a lunch entrée choice: A, B, or C— hot or cold meal options made with lean protein and whole grains. ● ●
- * Pick side choices: choose: Up to 3 sides
 – 1 fruit choice ●
 – 1-2 veggie choices ● ●
- * Pick a milk choice: Skim chocolate, skim white or 1% white. Lactose free milk available upon request. ●

Meals MUST include 1 fruit or veggie to qualify for meal pricing.

An assortment of fresh cut fruits, veggies, and side salads are served daily.

Download our app:
WEB MENUS
For daily menus

August	September	October	November	December
M T W T R F	M T W T R F	M T W T R F	M T W T R F	M T W T R F
Green 1 2	Blue NS 3 4 5 6	Green 30 1 2 3 4	Blue 1	Red 2 3 4 5 6
Red 5 6 7 8 9	Green 9 10 11 12 13	Red 7 8 9 10 11	Green 4 5 6 7 8	Blue 9 10 11 12 13
Blue 12 13 14 15 16	Red 16 17 18 19 20	Fall Break		Green 16 17 18 19 20
Green 19 20 21 22 23	Blue 23 24 25 26 27	Fall Break		Winter Break
Red 26 27 28 29 30		Blue 28 29 30 31 1	Blue 18 19 20 21 22	Winter Break
			Green 25 26 Thanksgiving	

Items marked with * contain pork

Menus are subject to change

Option B is always vegetarian

For item descriptions, calorie information, and ingredients see the monthly interactive menu at millerscafe.org