



## Fun and Healthy Fundraising Alternatives

Health Education and  
Resource Team (HEART)

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***Most schools and school-related groups do fundraising activities. Here are some alternatives to selling candy and other 'junk' foods that can be good for your bank account and your health!***

### Creative Things To Sell

- ♥ Balloon bouquets
- ♥ Bath accessories, cosmetics
- ♥ Batteries
- ♥ Books
- ♥ Bumper stickers
- ♥ Calendars
- ♥ Candles
- ♥ Christmas trees
- ♥ Coffee cups, mugs
- ♥ Cookbooks
- ♥ Coupon books
- ♥ Crafts
- ♥ Earthquake kits
- ♥ Emergency kits for cars
- ♥ First aid kits
- ♥ Flowers, bulbs, plants
- ♥ Giant coloring books
- ♥ Gift baskets
- ♥ Gift certificates
- ♥ Gift items
- ♥ Gift wrap, boxes, bags
- ♥ Greeting cards, stationary
- ♥ Holiday wreaths, ornaments, mistletoe
- ♥ House decorations
- ♥ House wares
- ♥ Jewelry
- ♥ Magazine subscriptions
- ♥ Music, videos, CDs
- ♥ Pet treats, toys, accessories
- ♥ Raffle donations
- ♥ Stuffed animals



### Healthy Foods To Sell

- ♥ 100% fruit juice pops
- ♥ 100% fruit leathers
- ♥ Fresh vegetable baskets
- ♥ Frozen bananas
- ♥ Frozen low-fat yogurt pops
- ♥ Fruit & yogurt parfaits
- ♥ Fruit and nut baskets
- ♥ Fruit smoothies
- ♥ Lunch box auctions
- ♥ Trail mix

### Things that Promote the School (with School Logo or School Spirit)

- ♥ Buttons, pins
- ♥ Calendars
- ♥ Cookbook with recipes from students, teachers, parents
- ♥ Customized stickers
- ♥ Hats
- ♥ License plates or holders
- ♥ Lunch bags
- ♥ Pencils, pens
- ♥ School art drawings
- ♥ School Frisbees
- ♥ School spirit gear
- ♥ Spirit/seasonal flags
- ♥ Stadium seats/cushions
- ♥ Student directories
- ♥ T-shirts, sweat shirts
- ♥ Water bottles
- ♥ Yearbook/book covers

## Activities that Support Academics or Physical Activity

- ♥ Bike-a-thon
- ♥ Dance contest
- ♥ Jog-a-thon
- ♥ Jump rope marathon
- ♥ Math marathon
- ♥ Read-a-thon
- ♥ Spelling bee
- ♥ Walk-a-thon



***Forget the candy sales . . . Get creative! You will be surprised how much money you raise AND how much fun you can have doing something new!***

## Creative Activities or Services

- ♥ Art show
- ♥ Auction
- ♥ Bowling night
- ♥ Car wash
- ♥ Carnivals
- ♥ Conference
- ♥ Craft fair
- ♥ Dances (kids, family, father/daughter, Sadie Hawkins)
- ♥ Family/glamour portraits
- ♥ Festivals
- ♥ Flea market
- ♥ Fun runs
- ♥ Game night
- ♥ Gift wrapping
- ♥ Golf tournament
- ♥ Lunch with favorite teacher or administrator
- ♥ Magic show
- ♥ Movie night
- ♥ Newspaper space, ads
- ♥ Raffles
- ♥ Recycling cans/bottles/paper
- ♥ Rent a special parking space
- ♥ Rent-a-teen helper (rake leaves, water gardens, mow lawns, wash dog)
- ♥ Science fair
- ♥ Singing telegrams
- ♥ Skate night
- ♥ Talent show
- ♥ Treasure/Scavenger hunt
- ♥ Workshops/classes

## Resource Ideas on the Web

*(please note: these are not endorsements)*

- ♥ Neatitems.com
- ♥ Efundraising.com
- ♥ Itsmyartwork.com
- ♥ Fudraisingbeads.com
- ♥ Nudayfundraising.com
- ♥ 123fundraising.com
- ♥ Qsp.com
- ♥ Westernfund.com
- ♥ Currentfun.com
- ♥ Dulcprinting.com
- ♥ Nutritionandkids.net
- ♥ Stockpins.com
- ♥ Treasurebooksandgifts.com
- ♥ Fundraisingdepot.com
- ♥ Stretchablebookcovers.com
- ♥ Common-threads.com
- ♥ Fun-raising.com
- ♥ Parntersforkids.com
- ♥ Fundraisingbatteries.com
- ♥ Vistamark.com
- ♥ Brickstonegraphics.com

Adapted from the Santa Clara County Public Health Department Nutrition & Wellness Unit and California's Project Lean

