

Nampa Schools Wellness Policy Implementation and Results

Goal: Nutrition Promotion

School:	In Place	In Progress	Examples:	Results:
Centennial	X		Signs and promotion used for healthy foods. Provide easy access to fruits and vegetables for students at lunch and A La Carte. Participate in farm to school activities. Offer taste testing/menu planning and utilize student feedback in meal programs.	Exposure to promotion and access to healthy foods encourages students to choose those healthy items. Involving students in planning also encourages them to choose and eat the items offered in school meal programs.
Central	X		Signs and promotion used for healthy foods. Provide easy access to fruits and vegetables for students at lunch and A La Carte. Offer taste testing or menu planning and utilize student feedback in meal programs. Participate in farm to school activities.	Exposure to promotion and access to healthy foods encourages students to choose those healthy items. Involving students in planning also encourages them to choose and eat the healthy items offered and participate in school meal programs.
Columbia	X		Signs and promotion of healthy foods. Easy access to fruits and vegetables for students at lunch and fruits and vegetables are offered in vending machines, school stores, snack bars, and A La Carte. Utilize student feedback for planning meals.	Access to healthy foods and fruits and vegetables encourages students to pick them as food choices. Promotion of healthy items encourages those choices as well.
East Valley	X		Promote healthy foods with signs, menus, posters, etc. Fruits/vegetables easy to access. Participate in farm to school activities. Evaluate how to market and promote school meal programs, use student feedback to improve quality of the school meal programs.	Promotion of healthy foods with signs and having them easy to access encourages students to take healthy items. Evaluating marketing and using student feedback will help schools understand what students want and how to encourage more participation in school meals and healthy eating.
Endeavor	X		Signs and promotion of healthy foods, offer taste testing to students, utilize student feedback, place fruits and vegetables in easy access location for students.	Promotes healthy eating and choices, provides students access to healthy foods. Taste testing and incorporating feedback encourages students to participate in school meal programs and select healthy foods.
Gateway	X		Signs and promotion of healthy foods, offer taste testing to students, place fruits and vegetables in easy access location for students.	Promoting healthy foods with signs and by making them easy to access encourages students to eat those foods. Taste testing's for students encourages meal program participation.
Gem Prep	X		Promote healthy foods with signs, menus, posters, etc. Fruits/vegetables easy to access.	Promoting healthy foods with signs and by making them easy to access encourages students to eat those foods.

Greenhurst	X	X	Promote healthy foods with signs, menus, posters, etc. Fruits/vegetables easy to access. Use student feedback to improve quality of the school meal programs.	Promoting healthy foods with signs and by making them easy to access encourages students to eat those foods. Student feedback increases meal participation and provides students with healthy foods.
Iowa	X	X	Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Offer taste testing opportunities to our students.	Promoting healthy foods with signs and by making them easy to access encourages students to eat those foods. Incorporating students in tastings gets them interested in the foods/school meal programs to provide healthy meals.
Lake Ridge	X		Promote healthy foods with signs, menus, posters, etc. Fruits/vegetables easy to access. Evaluate how to market and promote school meal programs, use student taste testing's and student feedback to improve quality of the school meal programs.	Promoting healthy foods with signs and by making them easy to access encourages students to eat those foods. Incorporating students in tastings and using their feedback can encourage participation in school meal programs, providing healthy food options.
Lone Star	X		Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Participate in farm to school activities. Evaluate how to market and promote school meal programs, use student feedback to improve quality of the school meal programs.	Promotion of healthy foods with signs and having them easy to access encourages students to take healthy items. Evaluating marketing and using student feedback will help schools understand what students want and how to encourage more participation in school meals and healthy eating.
Nampa	X		Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Offer fruits/vegetables in snack bars and A La Carte. Evaluate how to market and promote school meal programs, use student feedback to improve quality of the school meal programs.	Encouraging students with advertising to make healthy choices. Access to fruits and vegetables encourages consumption. Evaluating marketing and using student feedback will help schools understand what students want and how to encourage more participation in school meals and healthy eating.
New Horizon	X	X	Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Provide teachers with examples on non-food reward options.	Encouraging students with advertising to make healthy choices. Access to fruits and vegetables encourages consumption.
Owyhee	X		Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Evaluate how to market and promote school meal programs, use student feedback to improve quality of the school meal programs.	Encouraging students with advertising to make healthy choices. Access to fruits and vegetables encourages consumption. Student feedback encourages participation in school meal programs.
Park Ridge	X	X	Promote healthy foods with signs, menus, posters, etc. fruits/vegetables	Encouraging students with advertising to make healthy choices.

			easy to access. Evaluate how to market and promote school meal programs.	Access to fruits and vegetables encourages consumption. Evaluating marketing will help encourage students to participate in school meals and healthy eating
Reagan	X	X	Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Offer taste testing to students. Provide teachers with examples on non-food reward options. Discussing implementing a school garden.	Encouraging students with advertising to make healthy choices. Access to fruits and vegetables encourages consumption. Taste testing exotic fruits shows students other healthy food ideas and encourages fruit consumption. If a school garden is created this will help show students where food comes from and encourage consumption of fresh foods.
Roosevelt	X		Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Participate in farm to school activities. Evaluate how to market and promote school meal programs, use student feedback to improve quality of the school meal programs. Offer taste testing to students.	Promoting and offering healthy foods encourages students to take those items and promote their health. Including students in taste testing and using feedback can help get students interested in the foods and participate in school meal programs, eating healthy meals for lunch.
Sherman	X		Promote healthy foods with signs, menus, posters, etc. fruits/vegetables easy to access. Evaluate how to market and promote school meal programs, use student feedback to improve quality of the school meal programs.	Encouraging students with advertising to make healthy choices. Access to fruits and vegetables encourages consumption.
Skyview	X		Promote healthy eating with signs, posters, menus, etc. fruits and vegetables easy to access. Offer fruits/vegetables in snack bars and A La Carte. Offer taste testing and utilize student feedback for meal programs.	Promotes healthy choices and access to healthy foods. Gets students involved with decisions and uses feedback to encourage meal program participation.
Snake River	X		Promote healthy eating with signs, posters, menus, etc. and analyze how to market school meal programs. Fruits and vegetables easy to access and offered at A La Carte. Offer taste testing and utilize student feedback for meal programs.	Students encouraged to pick healthy items from signs and easy to access fruits and vegetables. Taste testing and using feedback encourages students to participate in meal programs with the schools and eat the healthy foods provided.
South	X		Signs and promotion of healthy foods, easy access to fruits/vegetables, use student feedback in school meal program, advertise and promote healthy foods on school grounds.	Gives students access to healthy foods. Promotes choosing healthy food items. Student feedback incorporation encourages participation in school meal programs.

Union	X	X	Signs and promotion of healthy foods, easy access to fruits/vegetables, fruits and vegetables also offered in vending machines.	Gives students access to healthy foods. Promotes choosing healthy food items.
West	X		Use signs and posters to promote healthy eating. Participate in farm to school activities. Offer taste testing to students and utilize feedback for meal programs. Prohibit use of food/beverages as rewards. Easy access to fruits and vegetables.	Incorporating students in meal program planning encourages them to be involved and try healthy foods. Promoting healthy foods with signs encourages healthy food choices. Farm to school activities lets students know where their food comes from, and encourages consumption.
Willow Creek	X	X	Promote healthy eating with signs, posters, menus, etc. fruits and vegetables easy to access at meals. Offer fruits/vegetables A La Carte. Participate in farm to school activities and advertise nutritious foods/beverages.	Advertising/promoting healthy food choices encourages students to choose healthy food choices. Access to fruits/vegetables also promotes students taking those items.

Goal: Follow Nutrition Guidelines

School	In Place	In Progress	Examples	Results
Centennial	X		Offers foods during school that follows district and federal requirements. Offer school breakfast program. Follow smart snack guidelines.	Following smart snack guidelines for A La Carte and for marketing at the school encourages students to make healthy food choices. Following regulations for food offered during school also promotes student healthy choices.
Central	X		Offer breakfast program before school, grab and go and second chance. Follow district and federal guidelines for foods offered during school. Marketing meets smart snack guidelines.	Chances to get school breakfast encourage kids to eat a healthy breakfast. Only foods available follow regulations ensuring healthy options to students. Signs follow smart snack standards promoting healthy foods.
Columbia	X	X	Offers foods during school that follows district and federal requirements. Offer breakfast program. Follow districts nutrition standards for food available during school day.	Encourages breakfast participation and access for students by offering before school, in class, grab and go and second chance breakfasts. School offers healthy options during school day to promote healthy food choices.
East Valley	X		Offers foods during school that follows district and federal requirements. Offer school breakfast programs. Food and beverages offered during school follows smart snack guidelines.	Foods offered in school stores, vending machines and as fundraisers (excluding exemptions) meet smart snack guidelines to ensure foods offered during school day and healthy. Following district and federal guidelines also ensures students exposure to healthy food items.

Endeavor	X		Offers foods during school that follow district and federal requirements. Follows smart snack standards for signs in schools. Has a school breakfast program.	Foods meet federal and district requirements ensure healthy options for students. Promotes healthy eating with signs. Provides students with opportunity for breakfast and lunch at school.
Gateway	X	X	Offers foods during school that follow district and federal requirements. Offers school breakfast program.	Foods meet federal and district requirements ensure healthy options for students offered during school. Breakfast program promotes opportunity for students to eat healthy breakfast.
Gem Prep	X		Offers foods during school that follows district and federal requirements. Offer breakfast program.	Promotes healthy eating by offering foods that follow district and federal guidelines, ensuring healthy options. Provides students with opportunity for breakfast and lunch at school.
Greenhurst	X		Offers foods during school that follow district and federal requirements. Follows smart snack standards for signs in schools. Has a school breakfast program.	Promotes healthy eating by offering foods that follow district and federal guidelines, ensuring healthy options. Provides students with opportunity for breakfast and lunch at school.
Iowa	X		Offers foods during school that follow district and federal requirements. Follows smart snack standards for foods sold during school and for signs in schools. Has a school breakfast program.	Student's choices of foods are healthy during school, encouraging healthy food consumption. Promotes healthy foods to encourage consumption of healthy items.
Lake Ridge	X		Offers foods during school that follow district and federal requirements. Follows smart snack standards for signs in schools. Has a school breakfast program.	Promotes healthy eating by offering foods that follow district and federal guidelines, ensuring healthy options. Provides students with opportunity for breakfast and lunch at school.
Lone Star	X		Offers foods during school that follows district and federal requirements. Follows smart snack standards for signs in schools. Has a school breakfast program.	Promotes healthy eating. Provides students with opportunity for breakfast at school. Ensures healthy foods available for students at school.
Nampa	X		Offers foods during school that follows district and federal requirements. Offer school breakfast programs. Food and beverages offered during school follows smart snack guidelines in A La Carte, school stores, vending machines, and fundraisers (excluding exemptions) and in all marketing forms.	Following district and federal guidelines and meeting smart snack guidelines ensures healthy food items offered and advertised in schools. This promotes healthy food choices and consumption for students.
New Horizon	X		Offers foods during school that follows district and federal requirements. Offer breakfast program. Follow districts nutrition standards for food available during school day.	Student's choices of foods are healthy during school, encouraging healthy food consumption. Students have access to breakfast at school. Follows regulations for fundraisers to

				meet smart snack guidelines except for allowed exemptions.
Owyhee	X	X	Breakfast is offered before school. Food items offered during the school day meet federal and district guidelines.	Students choices of foods are healthy during school, encouraging healthy food consumption. Students have access to breakfast at school.
Park Ridge	X		Breakfast is offered before school. Food items offered during the school day meet federal and district guidelines.	Students' choices of foods are healthy during school, encouraging healthy food consumption. Students have access to breakfast at school.
Reagan	X	X	Offers foods sold during school that follows district and federal requirements. Follows smart snack standards for signs in schools. Has a school breakfast program.	Promotes healthy eating. Provides students with opportunity for healthy foods offered at school and the option to get breakfast.
Roosevelt	X		Offers foods during school that follows district and federal requirements. Offers school breakfast program. Follows smart snack guidelines in A La Carte and signs.	Offering breakfast before school, grab and go and as second chance promotes students to eat a healthy breakfast. Following district, federal and smart snack guidelines ensures foods offered during the school day are healthy for students.
Sherman	X		Offers foods during school that follows district and federal requirements. Offer school breakfast programs. Food and beverages offered during school follows smart snack guidelines.	Fundraisers (excluding exemptions) follow smart snack guidelines to encourage healthy options for purchase to students. All food offered during school follows guidelines ensuring healthy foods offered. Breakfast is offered before school and second chance to promote students eating a healthy breakfast.
Skyview	X		Foods offered on campus during school meet district and federal regulations. Follows smart snack standards for all food items during school such as in school store. Operates breakfast program.	All food offered during school meets health requirements so students will be getting healthy food options. Breakfast is offered before school and as grab and go to students and encourages eating healthy in the mornings.
Snake River	X		Offers foods during school that follows district and federal requirements. Offers food in A La Carte that is smart snack standard approved. Has a breakfast program.	Breakfast program is offered before school, as grab and go and as second chance to encourage healthy breakfast consumption. Offering foods that follow smart snacks and district as well as federal guidelines ensures students have access to healthy food options.
South	X		Offers foods during school that follows district and federal requirements. Offers food in A La Carte and vending machines that is smart snack standard approved. Has a breakfast program.	Ensures that items available to students at school meet certain requirements, promoting healthier choices. Provides chance for students to eat breakfast at school.

Union	X	X	Offers foods during school that follows district and federal requirements. Marketing meets smart snack standards. Provides school breakfast program.	Offering foods approved by district encourages consumption of healthy foods at school. Marketing healthy foods encourages consumption of those foods.
West	X		Offers foods during school that follows district and federal requirements. Offers school breakfast programs. Food and beverage marketing meets smart snack guidelines.	Offering foods approved by district encourages consumption of healthy foods at school. Marketing healthy foods encourages consumption of those foods.
Willow Creek	X		Offers foods during school that follows district and federal requirements. Offer school breakfast programs. Food and beverages offered during school follows smart snack guidelines.	For A La Carte and fundraisers (excluding exemptions) following smart snack guidelines. Offering district and federal guideline foods ensure student access to healthy options and promotes healthy eating behaviors.

Goal: Physical Activity

School	In Place	In Progress	Examples	Results
Centennial	X		PE and recess is provided to students. Physical activity opportunities during the day can also be offered such as classroom energizers.	45 minutes of physical activity during class per week is provided for students to ensure they are getting physical activity for health. 15 minutes of recess daily is also given to ensure they are getting physically active. 4 th and 5 th grade basketball also provides opportunities for activity.
Central	X		PE provided to students as well as recess. Classroom energizers for activity during the day. Staff cannot keep students in from recess as punishment.	45+ minutes per week for students of physical activity in class and recess daily promotes activity and health. Class energizers include walking the track to get students moving during the day. Students always get some activity if teachers aren't allowed to keep student in at recess.
Columbia	X		Require PE for graduation. Provide opportunities for classroom activity. Offer before/after school competitive and non-competitive sports as well as other physical activity clubs.	Classes for physical activity offered to students. Encourages physical activity during school as well as outside of school times in sports and clubs such as soccer, track, football, volleyball, basketball, cheer, dance, wrestling, golf, baseball, tennis, etc.
East Valley	X		PE is offered to students, as well as opportunities for physical activity integrated during the day. Before/after school competitive, non-competitive, and clubs are offered for physical activity.	225 minutes of physical activity classes per week offered to students. Classroom energizers can be offered to keep kids active during the day. Sports and clubs provide opportunity to encourage students to be active

				outside of school and promote health in cross country, volleyball, football, wrestling, basketball, tennis and track.
Endeavor	X		Provide PE class and recess to students, encourage classroom energizers. Have a track program to get kids walking/running for prizes. After school clubs that involve physical activity.	45-90 min physical activity during class each week to promote activity and health. Encourage physical activity during recess and after school. Walking club and prizes, such as getting to sign teacher's lab coat after reaching 25 miles, for walking increases physical activity. "brain Breaks" classroom energizers to encourage activity throughout the day.
Gateway	X		Provide PE class and recess to students. Encourage classroom energizers for integrated activity during the day.	Physical activity during class each week to promote activity and health. Encourage physical activity during recess and after school. Classroom energizers to encourage activity throughout the day.
Gem Prep	X		PE provided to students as well as recess. Classroom energizers for activity during the day offered. Prohibit staff from keeping students inside at recess as punishment.	Physical activity during class for 30 min each week ensures students get some physical activity for health, and recess 20 min a day also give opportunities to get active. Not allowing teachers to keep students in for recess ensures students have opportunities for physical activity.
Greenhurst	X		PE provided to students as well as recess. Classroom energizers for activity during the day offered.	90 min physical activity during class each week ensures students get physical activity for health. Recess and walking breaks make up 45 min/day to get students moving and is a classroom energizer to keep student engaged. Mayors Challenge for walking promotes physical activity.
Iowa	X		PE provided to students as well as recess. Classroom energizers for activity during the day offered. Before/after school clubs offered to students.	45-90 minutes of physical activity provided during class each week and 20-30 minute recess each day provides students with physical activity promoting health. Outside of school clubs also provides opportunities to be active to support healthy lifestyle.
Lake Ridge	X		PE provided to students as well as recess. Classroom energizers for activity during the day offered. Before/after school clubs and sports offered to students.	50 minutes of physical activity each week and 30 minutes per day of recess for students, this promotes physical activity and health. Sports and clubs such as volleyball, basketball, tennis and walking club offers an option for physical activity

				outside of school hours to promote activity.
Lone Star	X		Provide PE classes. Offers opportunity for classroom energizers. Before/after school physical activity of competitive and non-competitive sports and clubs.	Physical activity during classes of 250min/week provided to students to get them physically active and support health. Sports/ clubs give students opportunity for physical activity outside of school hours in cross country, volleyball, football, wrestling, basketball, tennis, track and cheer.
Nampa	X		Requires PE classes for graduation. Offers opportunity for classroom energizers. Before/after school physical activity of competitive and non-competitive sports and clubs.	Students participate in physical activity classes to get them physically active and support health. Sports/ clubs give students opportunity for physical activity outside of school hours in soccer, track, football, volleyball, basketball, cheer, dance, wrestling, golf, baseball, tennis, etc.
New Horizon	X		PE classes and recess provided to students. Provide opportunities for classroom energizers for physical activity during day.	Physical activity classes for students of 100 min per week ensures physical activity for health promotion. Recess is also given 45min/day for activity and class energizers can be offered to promote getting active during the day.
Owyhee	X		PE and recess is provided to students. Physical activity during the day opportunities are provided.	Physical activity of 45-90 min during class for students every week and 30-45 min recess daily to get kids moving and increase activity.
Park Ridge	X		PE classes and recess provided to students. Provide opportunities for classroom energizers for physical activity during day. Offer after school physical activity in clubs.	Physical activity for students of 45 min per week ensures physical activity for health promotion. Recess is also given 45min/day for activity and class energizers can be offered to promote getting active during the day. Walking club and STAR PE fitness program where students keep track of activity to earn prizes. Jump Rope for Heart community program encourages physical activity.
Reagan	X		PE classes and recess provided to students. Provide opportunities for classroom energizers for physical activity during day. Offer after school physical activity in clubs.	Physical activity for students of 45-90min per week ensures physical activity for health promotion. Recess is also given 50min/day for activity and class energizers can be offered. Clubs after school offer access to physical activity to encourage getting active during other times of the day.
Roosevelt	X		PE and recess is provided to students. Provide opportunities for classroom energizers for physical activity during day.	Physical activity of 90 min per week during school and recess of 30 min/day gives students opportunities to get physical activity and promotes

				health. Wednesday students participate in walking club to encourage physical activity.
Sherman	X		PE classes and recess provided to students. Provide opportunities for classroom energizers for physical activity during day. Offer before/after school physical activity in clubs.	Physical activity for students of 50min per week ensures physical activity for health promotion. Recess is also given daily for activity and class energizers can be offered. Clubs offer access to physical activity to encourage getting active outside of the school day, such as the walking club that also offers recognition for walking certain amounts.
Skyview	X		Requires PE classes for graduation. Offers opportunity for classroom energizers. Before/after school physical activity of competitive and non-competitive sports and clubs.	Students participate in physical activity classes to get them physically active during school. Sports/ clubs give students opportunity for physical activity outside of school hours in soccer, track, football, volleyball, basketball, cheer, dance, snowboarding, wrestling, golf, baseball, tennis, etc.
Snake River	X		PE classes and recess provided to students. Opportunities for classroom energizers provided for physical activity during the day.	Physical activity for students of 45-90min per week ensures they get physical activity for health. Recess of 20-25 min a day also gives daily physical activity, as well as classroom energizers to get students moving.
South	X		Requires PE classes for students. Provide opportunities for classroom energizers. Offer before/ after school physical activity competitive and non-competitive sports.	250 minutes per week of physical activity classes engaging students in physical activities. Encourages and offers options for activity outside of school in school sports such as tennis, track, football, volleyball, basketball, cross country, wrestling and cheer.
Union	X		Requires PE classes for students. Provide opportunities for classroom energizers. Offer before/ after school physical activity competitive and non-competitive sports.	Students offered physical activity classes to ensure they get physical activity for health. Offering sports/clubs offers physical activity opportunities outside of school times.
West	X		Provide PE classes to students. Offer before/after school competitive and non-competitive sports and other physical activity clubs. Provide classroom energizer opportunities.	50 min per week of physical activity for students during school time. Encourages physical activity by giving options for participation outside of school day such as football, basketball, cross country, wrestling and volleyball.
Willow Creek	X		PE and recess is provided to students. Opportunities for physical activity during the day such as classroom energizers. Before/after school physical activity clubs offered.	Students are provided 45-90 minutes of physical activity per week, resulting in physical activity to promote health. Recess is provided 20-30 minutes per day as well to

				ensure activity for students. Clubs optional for students to be exposed to physical activity outside of school hours such as in track.
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Goal: Wellness Activities

School	In Place	In Progress	Examples	Results
Centennial	X		Encourages staff modeling healthy behaviors and provides staff training on nutrition and physical activity. Incorporates a staff wellness program. Has a recognition/ reward program for students who exhibit healthy behaviors.	Encouraging staff healthy behaviors also encourages students to follow those behaviors as well. Being recognized/ rewarded for healthy behaviors will encourage students to do those healthy behaviors.
Central	X	X	Staff encouraged to model healthy behaviors and given training on nutrition and physical activity.	Staff knowledge of health can incorporate healthy behaviors in their lives that students may see and are likely to follow modeled healthy behaviors. Giving prizes/rewards for walking on the track may be implemented to encourage student physical activity.
Columbia	X		Trains staff on modeling healthy behaviors and encourages staff wellness. Have a recognition/reward program for students who exhibit healthy behaviors.	Models healthy behavior to students to encourage their healthy behaviors. Encourages continuing healthy behaviors with rewards/recognition.
East Valley	X	X	Have programs that support overall wellness.	Supporting wellness and health of students encourages healthy behaviors.
Endeavor	X		Have programs that support overall wellness, provide training to staff on importance of health. Recognize and reward students with healthy behavior.	Motivates staff to implement healthy activities for the students. Motivates students to do healthy behavior if recognized for doing so, such as prizes like signing teacher's lab coats after walking 25 miles.
Gateway	X		Trains staff on modeling healthy behaviors. Provides training to staff on nutrition.	Staff knowledge of healthy behaviors and modeling those for students can lead to healthy choices that students see and want to follow.
Gem Prep	X	X	Trains staff on modeling healthy behaviors. Programs in place that support total wellness.	Staff knowledge of healthy behaviors and modeling those for students can lead to healthy choices that students see and want to follow.
Greenhurst	X		Has a recognition/ reward program in place for students who exhibit healthy behaviors. Partnerships with community support programs for activities.	The walking track program rewards students with prizes for walking certain amounts for the Mayors Challenge, encouraging physical activity. Partnering with St Luke's

				and Blue Cross support the walking track.
Iowa	X	X	Training to staff on nutrition and physical activity. Have a recognition/reward program for those who exhibit healthy behaviors.	Staff knowledge of healthy behaviors can lead to healthy choices that students see and want to follow. A recognition/ reward program motivates students to continue healthy behaviors when acknowledged for doing them.
Lake Ridge	X	X	Encourages staff to model healthy behaviors. Staff incorporates their own wellness program. Have a recognition/ reward program for those who exhibit healthy behaviors	Staff exhibiting healthy behaviors such as food choices and participating in group staff workouts can encourage students to have those healthy behaviors. A recognition program such as rewards for walking in walking club encourages that healthy behavior.
Lone Star	X		A staff wellness program is in place. Has a recognition/reward program for students who exhibit healthy behaviors.	Staff following healthy behaviors can encourage students to do so as well. Motivates students to do healthy behavior if recognized for doing so, such as prizes for number of laps walked.
Nampa	X	X	A staff wellness program is in place.	Staff encouraged to implement healthy behaviors can result in healthy behaviors viewed by students, making them more likely to have those behaviors.
New Horizon	X		A staff wellness program is in place. Have a recognition/ reward program for those who exhibit healthy behaviors.	Staff Zumba and biggest loser challenges promotes staff health and healthy activities seen by students. Walking program rewards students w/ non-food rewards and promotes walking and physical activity to students and staff is also encouraged to participate.
Owyhee	X		Encourages staff to model healthy behaviors. Staff provided with training on nutrition. Have a recognition/ reward program for those who exhibit healthy behaviors.	Staff knowledge of nutrition and modeling healthy eating can encourage students to eat healthy. Students likely to continue healthy behaviors when recognized and rewarded for them, such as prizes offered during PE.
Park Ridge	X	X	Encourages staff modeling healthy behaviors. Has a recognition/reward program in place for students who exhibit healthy behaviors. Incorporates community partnerships that promote healthy behaviors.	Encourages healthy behavior modeled. Students likely to continue healthy behaviors when recognized or rewarded for them, such as prizes for walking club and STAR PE fitness program where students keep track of activity to earn prizes. Jump Rope for Heart community program encourages physical activity.

Reagan	X	X	Incorporates community partnerships that come in and offer after school clubs to students for physical activity. Working on getting staff more involved- staff yoga classes available to promote wellness	Promoting physical activity by offering it to students and staff encourages participation in healthy activities, resulting in healthier school members.
Roosevelt	X		Encourages staff modeling healthy behaviors and provides staff training on nutrition and physical activity. Incorporates a staff wellness program.	Encouraging staff healthy behaviors also encourages students to see and want to follow those behaviors as well. walking program encourages students and staff to be active.
Sherman	X		Incorporates a staff wellness program. Has a recognition/reward program in place for students who exhibit healthy behaviors.	Staff wellness program promotes health of the staff who interact with students, this will hopefully help encourage students to have healthy behaviors. Being recognized/ rewarded for healthy behaviors will encourage students to do those healthy behaviors, such as getting stickers for trying new fruit, etc.
Skyview	X		Encourage staff modeling healthy behaviors. Have a recognition/reward program for healthy behaviors.	Encourages healthy behavior modeled. Students likely to continue healthy behaviors when recognized or rewarded for them.
Snake River	X		Encourages staff modeling healthy behaviors and provides staff training on nutrition and physical activity. Incorporates a staff wellness program. Has a recognition/ reward program for students who exhibit healthy behaviors.	Encouraging staff healthy behaviors also encourages students to follow those behaviors as well. Being recognized/ rewarded for healthy behaviors will encourage students to do those healthy behaviors.
South	X	X	Programs that support overall wellness.	School supports overall wellness for students.
Union	X	X	Have a recognition/ reward program for students who exhibit healthy behaviors.	Being recognized/ rewarded for healthy behaviors will encourage students to do those healthy behaviors.
West	X		Provide training to staff on importance of modeling healthy behaviors. Recognition/reward programs to encourage healthy behaviors.	Encouraging students to follow healthy modeled behavior. Encourages healthy behaviors
Willow Creek	X		Staff is provided training on nutrition. A recognition/ reward program for students who exhibit healthy behaviors.	Staff knowledge to provide healthy options for students. Students likely to continue healthy behaviors when recognized or rewarded for them.

This institution is an equal opportunity provider

