



Effective: July 1, 2016

**DELI STYLE TURKEY & CHEESE ON A
SANDWICH BUN (TDB100WC)**

Ingredient Statement: Cooked Sliced Deli-Style Turkey Breast (turkey breast, water, may contain less than 2% of salt, modified food starch, potassium lactate, sodium lactate, sodium phosphate, dextrose, sodium diacetate); White Wheat Bun (water, white whole wheat flour, wheat flour enriched [niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], malted barley, ascorbic acid], high fructose corn syrup, yeast, contains 2% or less of: vital wheat gluten, soybean oil, salt, calcium propionate, DATEM, mono-glycerides, enzymes, ascorbic acid, ADA); Pasteurized Process Blended American Cheese (American cheese [milk, cheese cultures, salt, enzymes, annatto], water, skim milk, sodium citrate, color added, salt, sorbic acid, soy lecithin).
Contains: Milk, Wheat and Soy

Nutrition Facts	
Serving Size 4.80 ounces (136g)	
Servings Per Container One	
Amount Per Serving	
Calories 260	Calories from Fat 60
% Daily Value*	
Total Fat 7g	10%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 50mg	16%
Sodium 760mg	32%
Total Carbohydrate 28g	9%
Dietary Fiber 2g	9%
Sugars 4g	
Protein 21g	
Vitamin A 0%	• Vitamin C 6%
Calcium 20%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

5151 Alcoa Avenue, Vernon CA 90058
Telephone: (323) 826-2144 Facsimile: (323) 826-2150
www.Roseandshore.com

	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	188.74	256.83
Calories from Fat	44.24	60.20
Calories from Saturated Fat	15.78	21.47
Protein	15.71 g	21.38 g
Carbohydrates	20.90 g	28.45 g
Dietary Fiber	1.73 g	2.36 g
Sugar - Total	3.29 g	4.47 g
Fat - Total	4.92 g	6.69 g
Saturated Fat	1.75 g	2.39 g
Trans Fatty Acids	0.00 g	0.00 g
Cholesterol	36.28 mg	49.37 mg
Vitamin A	34.06 IU	46.35 IU
Thiamin - B1	0.07 mg	0.10 mg
Riboflavin - B2	0.04 mg	0.05 mg
Niacin - B3	1.79 mg	2.57 mg
Vitamin C	2.86 mg	3.89 mg
Vitamin E Alpha-Tocopherol	0.11 mg	0.15 mg
Calcium	161.30 mg	219.50 mg
Iron	1.27 mg	1.73 mg
Magnesium	34.90 mg	47.50 mg
Phosphorus	62.40 mg	84.91 mg
Potassium	196.72 mg	267.69 mg
Sodium	558.58 mg	759.92 mg
Zinc	0.50 mg	0.68 mg