



Cheerios™ Gluten Free Cereal Single Serve Bowlpak 1 oz

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in a ready-to-eat bowl for convenient, portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



Product Information:

PRODUCT CODE: 32262000
UPC: 016000322622
GTIN: 10016000322629
UNIT SIZE: 1 OZ
CASE COUNT: 96
ATTRIBUTES:
 Gluten-Free
 Zero Trans Fat
 Whole Grain
 1 oz. Eq. Grain
 No Artificial Flavors
 No Colors from Artificial Sources
 No Gelatin
 Smart Snacks Compliant
 CACFP eligible

Ingredients:

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Preparation Instructions:

Ready to eat dry cereal in a portable, easy-to-serve bowl.

ALLERGENS:

Nutrition Information:

		1 Bowl (28g)	100g
		As Packaged	As Packaged
Serving Size			
Calories		100	359
		% DV	% DV
Total Fat	2g	3%	6g
Saturated Fat	0g	0%	1g
Trans Fat	0g		0g
Cholesterol	0mg	0%	0mg
Sodium	140mg	6%	487mg
Total Carbohydrate	21g	8%	74g
Dietary Fiber	3g	11%	10g
Soluble Fiber	<1g		<3g
Total Sugars	1g		5g
Incl. Added Sugars	1g	2%	5g
Protein	4g		13g
Vitamin D		6%	5mcg
Calcium		6%	333mg
Iron		50%	32mg
Potassium		4%	641mg
Vitamin A		6%	769IU
Vitamin C		6%	23mg
Thiamin		10%	1mg
Niacin		6%	4mg
Vitamin B6		10%	1mg
Folate		10%	205mcg
Folic Acid	20mcg		115mcg
Vitamin B12		10%	1mcg
Phosphorus		8%	385mg
Magnesium		8%	154mg
Zinc		10%	6mg

* Percent Daily Value (DV) are based on a 2,000 calorie diet

* Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

* Do not eat raw dough or batter.

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