



~ October ~

After School Snack Menu K~ 5th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheez - it Crackers & Apple	2 Frosted Flakes Cereal & Chocolate or White Milk	3 Cinnamon Goldfish Grahams & 100% Fruit Juice	4 Cookie & Chocolate or White	5 String Cheese & Apple
8 Cinnamon Goldfish Graham & Yogurt	9 Cinnamon Toast Crunch & Chocolate or White Milk	10 Cheddar Goldfish & 100% Fruit Juice	11 String Cheese & Apple	12 Cookie & Chocolate or White Milk
15 Cheez - it Crackers & Apple	16 Frosted Flakes Cereal & Chocolate or White Milk	17 Cinnamon Goldfish Grahams & 100% Fruit Juice	18 Cookie & Chocolate or White	19 String Cheese & Apple
22 Cinnamon Goldfish Graham & Yogurt	23 Cinnamon Toast Crunch & Chocolate or White Milk	24 Cheddar Goldfish & 100% Fruit Juice	25 String Cheese & Apple	26 Cookie & Chocolate or White Milk
29 Cheez - it Crackers & Apple	30 Frosted Flakes Cereal & Chocolate or White Milk	31 Cinnamon Goldfish Grahams & 100% Fruit Juice	 This institution is an equal opportunity provider. Menu Subject to change without notice. ♦ www.MurrietaSchoolNutrition.com ♦	

